

THE LYMECLEAR™ PROTOCOL

An Innovative Approach to Lyme Disease



The **LYMECLEAR** Protocol

Your Path To Recovering From Lyme Disease

LYMECLEAR HOME™

Heal at Home With Expert Online Support



LYMECLEAR CLINIC™

Visit Your Local LYMECLEAR-Certified Practitioner

LYMECLEAR RETREAT™

Concentrated, Stress-Free Healing, In a Tropical Setting



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Figure 1: *Due to the covid crisis, LYMECLEAR CLINIC and RETREAT may not be available

CONTENTS

Reasons We Get Sick

Why We Struggle To Recover

The Need For A Structured Program

Why Lyme Disease Solutions Fail

The Keys to Success

Steps To Recovery

Options & Pricing (Pg.25)



“I believe the single most undiagnosed health challenge in the history of the human race is parasites. I realize that is a pretty brave statement, but it is based on my 20 years of experience with more than 20,000 patients.”

- Dr Ross Anderson

If you suffer from, or work with, chronic Lyme Disease, you will know many in the Lyme Disease Community, despite tremendous effort and cost, are unable to recover their health. Some, tragically, end up taking their own lives.

Lyme Disease is a complex disorder, with multiple persistent infections and progressively worsening chronic disorders. Because it is a systemic disease, affecting the whole person, there is no single solution that heals it. Resolution can be difficult and expert help is lacking.

Research indicates there is widespread misunderstanding, among Lyme Disease sufferers, as to WHY we get sick and WHAT is required to get well. It is not that the myriad of therapies and supplements do not work, it is more they are not being applied in the optimal way. At best, achieving only temporary relief of symptoms.

Interviews, with long-term chronic Lyme Disease sufferers, to find out why they are struggling to recover their health, reveals almost all make fundamental errors. Guaranteeing failure. The extent of failure is such a problem I recently published a book about it.

Putting Lyme Disease into permanent remission requires more than clearing invaders. It requires restoring health to the individual, with a properly structured, holistic program, which includes technical and emotional support.

- Without **structure**, sufferers approach recovery in a piecemeal manner and will fail
- Without **support and guidance**, we lack the knowledge, focus and discipline to implement a healing program.
- Without addressing the **whole** person, it is virtually impossible to heal. Chronic Lyme Disease is a **systemic** problem.

The **LYMECLEAR HOME** program meets these requirements. It is a 2-part, structured, step-by-step, comprehensive protocol. Easy to understand and fairly priced. Best of all it is designed to work, quickly. Since, the longer it takes to recover, the greater the cost, suffering and ‘drop-out’ rate. The program is not dependent on a multitude of different Doctors, therapies, tests and re-tests. It only requires you and your LYMECLEAR-certified practitioner.

‘Live’, online support is included in the LYMECLEAR HOME program. Additional hours can be purchased, as needed.

Cost of Treatment

The cost of Lyme Disease treatment is mostly borne by sufferers and can decimate personal finances. Many lose everything, even their homes. The way you approach recovery also has a significant effect on finances.

In order to save money, many put together their own healing programs. Unfortunately, these are almost always inadequate, resulting in repeated failure and even greater expenditure. In effect, we spend many times more money, in our effort to save it.

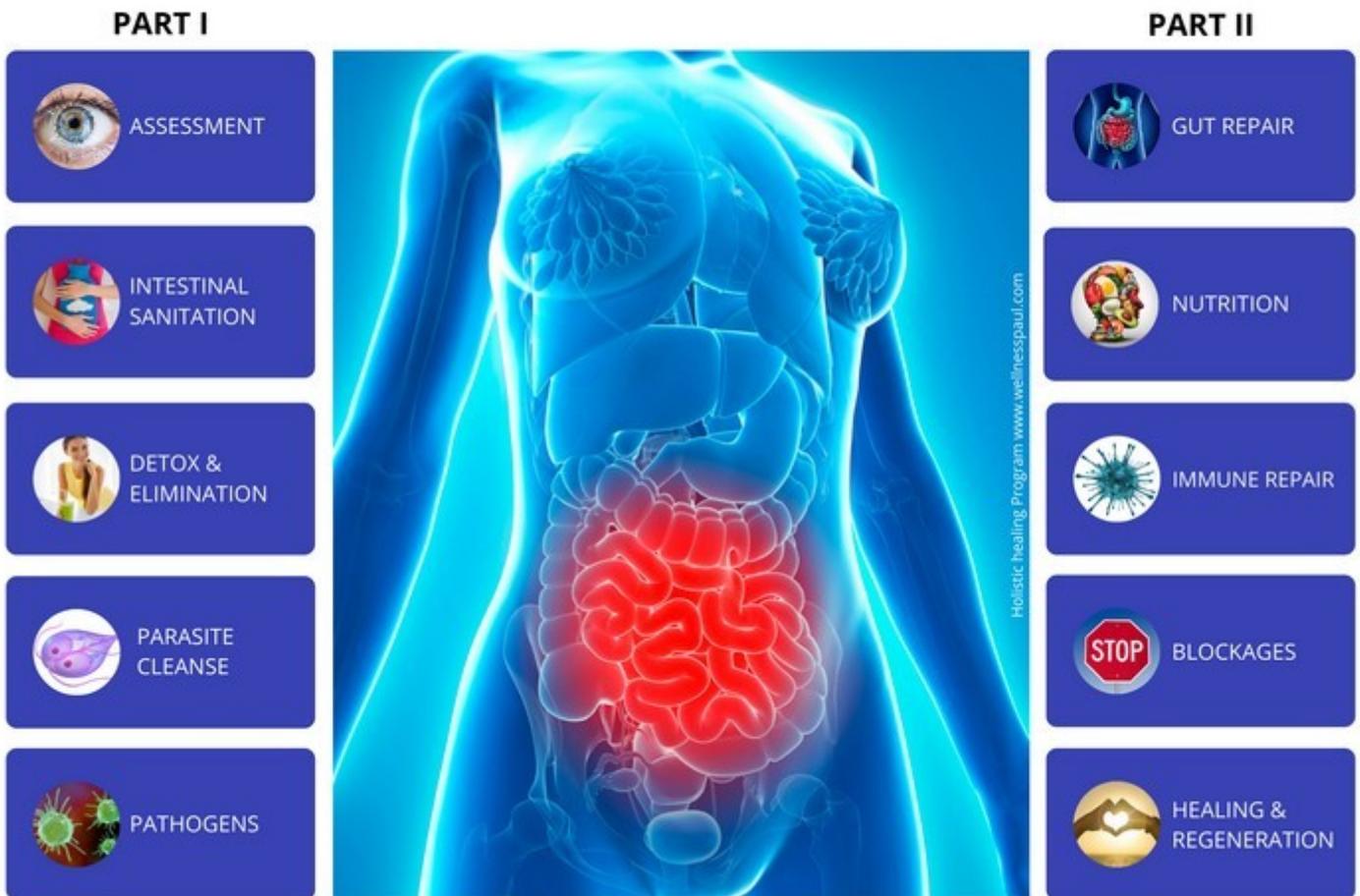
It's not just the direct costs. When you include the indirect costs of being unable to work... lost income, promotion, reduced pension, health coverage and other benefits... staying sick can cost 10's, if not hundreds of thousands of dollars. Considered, in this light, spending \$1400-2500 on a properly-structured program, or Retreat, which can fix you, at the START of your healing journey, becomes a wiser investment.

Savings come from recovering more quickly than you would, doing it yourself. **LYMECLEAR** pricing also compares well with other programs.

Core Modules

There are 2 main Parts to **LYMECLEAR**, split into modules. Each module has step-by-step instructions. **Part I** focuses on **Detox and Elimination**. **Part II** on **Repair and Regeneration**.

Because we are all different, modules and steps may require adjustments.



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Many factors are involved in the disease process.



Figure 2: LYMECLEAR Program

'Home' Program Highlights

Comprehensive, modular, Step-by-Step

Restores 90% functionality in 75% of Lyme Disease sufferers within 14 days

Addresses internal conditions, within the body, making invaders feel at home

Works with popular regimes.. Buhner, Cowden, etc.. Increases their effectiveness

Modules and steps can be omitted, or adjusted, based on individual response

One-on-one, 'Live' online or email support

Easy to understand and follow. Avoids complexity and technical jargon

Choice of supplements to suit differing budgets or preferences

Bio-Energetic Testing and Therapy, Food Sensitivity Testing, Progress Monitoring

Fair pricing. Faster results reduce or eliminate long-term costs

"The terrain is everything, the germ is nothing" - Louis Pasteur

Preparatory Phase

(Optional)

1-2 months Detox, mineralization and desensitization (mold)

Part I

1-14 Days Detoxification and intestinal cleansing
Parasites, bacterial and fungal infections
Mycoplasmas and remaining infections

Part II

- Inflammation
- Gut repair
- Enzyme Production
- Gut Flora
- Mitochondria/Energy System
- Nutritional Deficiencies
- Digestion
- 'Lyme Brain'
- Complex conditions
- Regeneration

"When we broaden the definition of Lyme Disease to include other chronic persistent infections, like Bartonella and Mycoplasma, probably 80 to 90 percent of the U.S. population is suffering symptoms caused by chronic persistent infections"

- Dr Dietrich Klinghardt

We all want to just take a pill and get better. It's what we have been conditioned, from birth, to expect. Unfortunately, taking a pill often does not work, with chronic Lyme.

Antibiotics may manage, or temporarily reduce, parasite load but come at a price to gut health. Even if successful, in clearing pathogens, symptoms may not automatically resolve, for reasons Doctors don't yet understand.

A fundamental starting point, for reversing all chronic disease, is to correct the internal conditions, within the body, causing you to get sick. What do we do when goldfish water is dirty? We don't inject the goldfish or give them drugs. We clean the water. Our body is 96% water. We must do the same.

"You can't heal a dirty body" – Charlotte Gerson

**WHEN THE WATER FILLS WITH TOXINS
SYMPTOMS START TO APPEAR**



**THE AIM IS NOT TO MEDICATE THE
FISH BUT CLEAN THE WATER**

Effectiveness of Lyme Disease Solutions

LYME PATIENT POLL

What Lyme Disease Protocol has Helped you the Most?



credit whatislyme.com

Votes **346**

This isn't a large enough sample size, to draw firm conclusions but we could be doing so much better. It's why I created LYMECLEAR.

10 Reasons

Lyme Disease Solutions Fail

- 1 Too few Lyme-Literate Doctors/Practitioners
- 2 Lack of a Properly Structured Program
- 3 Ineffective or Inadequate Solutions
- 4 Unreliable Testing
- 5 Individual Responses To Treatment
- 6 Failing to Address Underlying Cause
- 7 Toxicity
- 8 Failing to Stick To A Program
- 9 Lack of Support
- 10 Lack of Funds



**10 reasons, of over 100, listed in 'What's Keeping Us Sick? Lyme Disease Edition by Paul Keenan*

10 Reasons LYMECLEAR Succeeds

- 1 Structured
- 2 Comprehensive
- 3 Addresses underlying cause
- 4 Holistic/Natural
- 5 Applies the fundamentals of healing
- 6 Effective, natural anti-microbials
- 7 Identifies and clears barriers to healing
- 8 Bio-Energetic testing
- 9 Fair pricing
- 10 Technical and emotional support



How Effective is LYMECLEAR?

If the measure is to put the disease into remission and enable a return to normal life, then yes. Around 70% respond well. 25% need more time. 5% do not respond, for various reasons.

Joe's testimonial shows what can be achieved... [Joe's Video Testimonial](#)



LYMECLEAR is not just a detox and parasite cleanse. It is a comprehensive chronic disease program. You could name it GOUTCLEAR, ARTHRITISCLEAR, FIBROCLEAR, MSCLEAR, IBS CLEAR, DIABETES CLEAR or any of 300 different conditions. 'Lyme Disease' is just a catch-all label we give different symptoms.

Most chronic disease stems from the same underlying causes... toxicity, deficiency, a damaged gut and weakened immune system... *"All disease begins in the gut"*. Therefore, it's crucial to apply the fundamentals of natural healing and not just 'attack critters'.

LYMECLEAR steps are simple and easy to understand, although they may be different for each individual.

How quickly you heal depends on age, sex, length of time infected, co-conditions and how well you follow the protocol. Results are not just based on clients' subjective feeling. Bio-Energetic testing allows us to track progress and confirm the success of each stage. e.g. You may test positive for a parasite, address it, then re-test to confirm it is cleared. Repeat, for each step of the program. This way you eliminate the guesswork.

Bio-energetic testing identifies around 140 different worms, parasites, viruses and fungi. Symptoms support findings.

Barriers to Healing

Parasites, pathogenic biofilms*, low vitality, systemic toxicity, genetics, nutrient deficiencies, food sensitivities, inflammation, chronic disorders, 'toxic stress', EMFs, emotional trauma, dental problems, restrictions to blood, lymph and nerve flow, can all be barriers to healing. Electromagnetic radiation is a growing problem. EMFs and Ionizing radiation suppress immune function and create inflammation.

If you are failing to respond to the protocol, it may involve one or more of the above.

***NOTE:** Over-zealous clearing of biofilms is dangerous. Beneficial bacteria also create biofilms, which are healthy and necessary.

'Die-off' or Herxheimer Reaction

During the 'kill' phase, dying parasites, fungi and bacteria release chemicals, such as ammonia, which can make us feel unwell.

Some individuals are hyper-sensitive to 'die-off' and immune responses. Steps are included in the program, to reduce or eliminate reactivity.

(Gastrointestinal Function) Analysis Report Card

Name:
Figure: 186cm, 102kg

Sex: Male

Age: 57

Testing Time: 12/02/2020 11:31

Column

Actual Testing Results

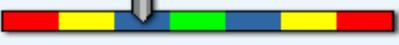
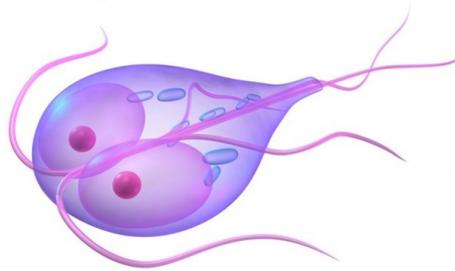
Testing Item	Normal Range	Actual Measurement Value	Testing Result
Pepsin Secretion Coefficient	59.847 - 65.234	57.877	
Gastric Peristalsis Function Coefficient	58.425 - 61.213	59.403	
Gastric Absorption Function Coefficient	34.367 - 35.642	32.809	
Small Intestine Peristalsis Function Coefficient	133.437 - 140.476	128.727	
Small Intestine Absorption Function Coefficient	3.572 - 6.483	2.791	

Figure 3: Example results of Gastro-Intestinal scan

Giardia

Few have heard of *Giardia Lamblia*, *Lamblia Intestinalis* or *Giardia Duodenalis*. Yet it is the number 1 Protozoan parasite, worldwide, and is spreading.



Once established, in the body (refractory/chronic), Giardia is a major cause of chronic, degenerative disorders, due to its profound effect on gut and immune health. Because standard tests easily miss it, practitioners look elsewhere, for cause. There is also considerable lack of education, amongst Doctors, about parasites.

Chronic Giardia infects a surprising number of Lyme sufferers and may be the primary cause of symptoms, not the Lyme infections. If you are infected, Giardia can prevent recovery from Lyme.

**The LYMECLEAR Program stems from the GIARDIACLEAR program, which was developed in Thailand and was found to reverse, not just Giardia infection but Lyme infections, too.*

Fasting

While it is possible to clear infections, when eating, fasting accelerates healing and **DOUBLES** success rates. Put another way... if you eat, you **HALVE** your chances of success.

Fasting (not starving) has been used for thousands of years to bring about healing. Animals, when sick, instinctively stop eating and seek out clay, herbs or green leaves (chlorophyll). By not eating, your body's vitality... previously taken up with preparing, consuming, digesting and eliminating food... is now available for cleansing, healing and regeneration. All of which occur at accelerated pace.

The combination of fasting and cleansing/detoxification, is exceptional in reversing chronic disease, generating new stem cells and accelerating all aspects of healing. Parasites are denied a food source, when fasting. Since supplements are also foods, most are also excluded.

Fasting is most effective when the body is hydrated. Imagine a dirty sponge left overnight in a bucket of water. In the morning, the sponge is clean and the dirt sitting at the bottom of the bucket. Pure water is a solvent. It hydrates and lifts waste out of the tissues, then helps move it toward the channels of elimination (kidneys, colon, lungs, skin). If you don't drink sufficient water, 'dirt' cannot 'lift' off.



Water, fruit and vegetable juices, hydrate, alkalyze, 'scrub' and cleanse. Specific techniques help mobilization, detoxification and elimination of waste matter.

If you have never fasted before, you may think it difficult. Yet, in practice, it is far easier to eat nothing at all than, say, a raw vegan or low carb diet, where you feel hungry all the time and healing takes longer.

After 36-48 hours our digestion 'switches off'. You can then go 10, 20, 30 days and more, without hunger. The body gets to work 'cleaning house'... scavenging and consuming dead, damaged or dying cells. This is called 'Autophagy'.

Eating

If you cannot Fast, healing diets are permitted. Diet is determined via Food Sensitivity Testing, identifying your constitutional type and your own reactions to food.

An inflamed intestinal lining and unbalanced gut bacteria can cause food sensitivities and allergies. Continuing to eat 'trigger' foods can irritate an already-inflamed intestinal lining, keeping your 'inflammatory fires' burning. Testing helps identify trigger foods, so they can be excluded. Once the gut is healed, these excluded foods can be re-introduced.

Bio-Energetic Testing

“If you want to find the secrets of the universe, think in terms of energy, frequency and vibration.” - Nikola Tesla

Luc Montagnier, who discovered HIV, spent years looking at how microbes communicate with each other and our immune system. He found they do so through emissions of electromagnetic light waves, microwaves and low frequencies. Chemical signals are secondary.

This becomes of major importance when we consider the health impact of “dirty electricity”... EMFs, Smart meters, WiFi towers, mobile phones, routers, microwaves, etc..



Figure 4: Quantum Analyzer Screenshot

In cultures and religions throughout the world we are considered ‘Beings of Light’. Our cells communicate with each other using light and frequency. A whole branch of Energy Medicine has developed around this concept. Auras, Chakras, Acupuncture, the Laying On of Hands, Crystals, Stones, Reiki, Homeopathy, Flower Remedies and more. Such techniques attempt to manipulate energy or the flow of energy through the body. Energy Medicine is based on the concept everything in nature has its own unique, resonant frequency. A bit like the old wireless Radio Stations could tune into different radio bands or frequencies.

Over the last 100 years, Doctors, scientists and researchers have identified and cataloged thousands of frequencies... Plants, minerals, vitamins, parasites, organs, healthy and unhealthy states, hormones, emotions, even supplements and pharmaceuticals... and put them into computerized databases. Scans compare the frequencies in the body to those in the databases, identifying imbalances. Weakened frequencies can then be ‘energetically’ corrected, restoring healthy, cell-to-cell communication.



Why Do We Need it?

How do we know if a supplement or herb is working? If a parasite or pathogen has been cleared? What foods and substances you are sensitive to? If inflammation has resolved and the gut healed? If Iron, Zinc and B12 levels are back to normal? If gut bacteria are balanced and enzyme production restored? If it is okay to move to the next stage of the protocol?

Scans help answer these questions, eliminating the need for unreliable, expensive conventional tests. They put an end to guesswork.

Tens of thousands of these frequency devices can be found, in clinics, spas, gyms and hospitals, around the world. From \$30,000 units to as little as \$60. With **LYMECLEAR HOME**, affordable devices are shipped to you. Since we source direct from the manufacturer, these are acquired at significant discount to the high street price.

Testing can help identify:

- Imbalances, disorders and infections, their location and Stage
- Bacteria, fungi, viruses and parasites
- Food Sensitivities
- Nutrient Deficiencies
- Optimal foods, herbs and supplements
- Major Systems, Mineral, Vitamin, Amino acid, Fats and Collagen status
- Blood sugar, prostate health, hormones, EMF, chemical and metal toxicity, and more

Conventional Testing

Trying to obtain the same information these scans provide, would cost thousands of dollars, from multiple different providers, plus the cost of Doctor visits, travel, etc.. even if you could find such tests. Full panel Lyme testing costs hundreds of dollars, is limited in what it finds and false readings can lead to unnecessary or inappropriate treatment.

Rich Man's Disease

Lyme Disease is called the “Rich Man’s Disease”. With practitioner costs, supplements, therapies, testing, re-testing and travel costs, the average outlay is \$52,000 a year, in the U.S.

LYMECLEAR is much cheaper and can save significant future costs.



Recovery of Costs

Devices can be sold, after the program, recouping some of your outlay. Although, most keep them, for home use.

Support Group

Those undertaking the program are automatically added to a private Messenger Group. Here you can share tips and experiences, good and bad and encourage each other.

Supplements

LYMECLEAR can incorporate other herbal regimes, such as Buhner, Rawls and Cowden. We recommend but do not sell supplements.

Why 240 Minutes Support?

Most Lyme Disease programs involve months, possibly years, working with practitioners, testing and re-testing, travel costs, time off work and clinic attendance. 4 hours is the minimum, we found, you need and makes the program more affordable. There is a discount for 10 hours. Additional hours can be purchased, as needed.

LYMECLEAR is an online program, you do at home. There is no requirement to physically meet with a practitioner. You connect via video, email or social media.

This time is used for:

- Initial assessment and information-gathering
- Device setup, initial base scans and review

- Program design and delivery
- Answering questions
- Tweaking the protocol as needed (it's always needed)
- Technical and emotional support
- Progress monitoring

OPTIONS & PRICES

(From April 1st 2022)

PREMIUM

LYMECLEAR HOME + 4 hours 'Live' Support
+ Quantum Sensing + Bioplasm

US\$2250

INTERMEDIATE

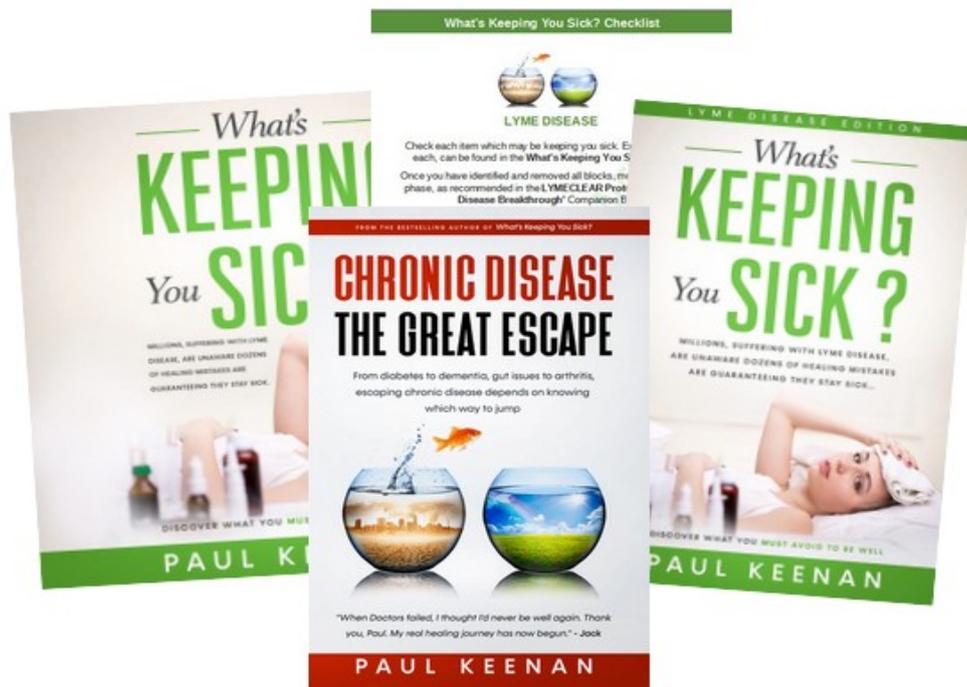
LYMECLEAR HOME + 4 hours 'Live' Support
+ Quantum Sensing

US\$1725

BASIC

LYMECLEAR HOME + 4 hours 'Live' Support

US\$1495



Receive the Complete SET when you purchase the program. Audiobook, ebook, checklist plus The Great Escape healing book, with two Lyme Disease protocols.

Details of Lyme-related Books, Telehealth programs and healing Retreats are on the [wellnesspaul](http://wellnesspaul.com) website.

TECHNICAL REQUIREMENTS

(For Premium and Intermediate)

To run the Software you will need:

A desktop PC or laptop, **running Microsoft Windows 10 or above.**

3 empty USB ports

Internet connection

Mobile phones and Apple Macs are NOT suitable

LYMECLEAR RETREAT

(in Thailand)



When it comes to recovering, there is no beating a Residential Lyme Disease Retreat, in a Thai beach resort. You receive focused support and attention, with all the therapies, skills and experience needed, on hand.

Therapies

Juice or Water Fasting
Cellular Cleanse
Ayurveda
Meditation
Yoga for Your Dosha
Nature Cure

Emotional Healing
Parasite Cleanse
Hydrotherapy
Thai Traditional Massage
Oxygen Therapy
Fever Therapy (Pyrotherapy)

Bioresonance
NIR and Herbal Steam Sauna
Food Sensitivity Testing
EFT + NLP
Shirodhara
Workshops & Education

Therapies are selected according to need. Additional therapies available, if required.

LYMECLEAR RETREAT

Program is 21-28 Days*
(some supplements included)

Price on request

*Maximum 3 attendees. Retreats run 3x per year.

**PRIVATE Retreats available.

For enquiries email lymeclear@pm.me



THE NEXT STEP

To proceed or for further questions please email info@wellnesspaul.com

DISCLAIMER

I am not a Doctor and do not prescribe ‘medicines’ nor do I treat ‘patients’. There is no ‘Doctor-Patient’ relationship. I do not ‘cure’ anyone. I provide information and support, in an environment in which your body may heal itself.

Any action you take related to health and wellness, based on the information presented by me, within this document, on the WellnessPaul website, either written or verbally, is your sole responsibility and you act of your own volition and in consultation with your Doctor or fully-licensed Medical practitioner.

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