

THE LYMECLEAR™ PROTOCOL

An Innovative Approach to Lyme Disease

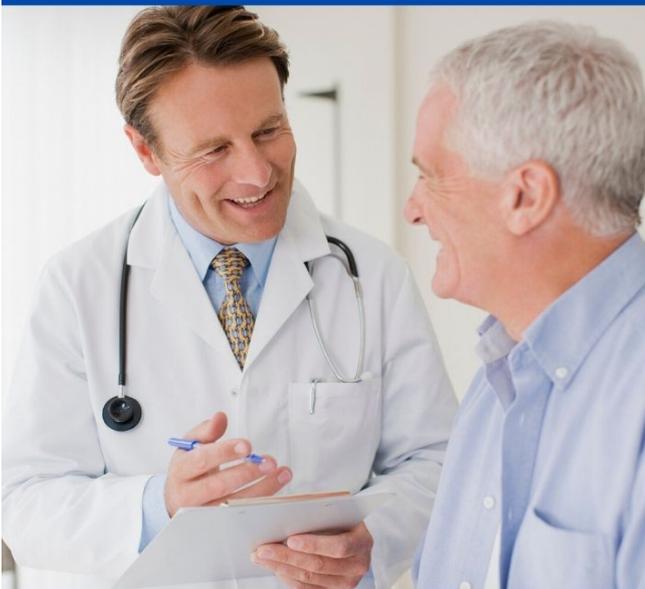


The LYMECLEAR™ Protocol

Your Path To Recovering From Lyme Disease

LYMECLEAR HOME™

Heal at Home With Expert Online Support



LYMECLEAR CLINIC™

Visit Your Local LYMECLEAR-Certified Practitioner

LYMECLEAR RETREAT™

Concentrated, Stress-Free Healing, In a Tropical Setting



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Figure 1: *Due to the covid crisis, LYMECLEAR CLINIC and RETREAT may not be available

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“I believe the single most undiagnosed health challenge in the history of the human race is parasites. I realize that is a pretty brave statement, but it is based on my 20 years of experience with more than 20,000 patients.”

- Dr Ross Anderson

If you suffer from, or work with, chronic Lyme Disease, you will know many in the Lyme Disease Community, despite tremendous effort and cost, are unable to recover their health. Some, tragically, end up taking their own lives.

Lyme Disease is a complex disorder, with multiple persistent infections and progressively worsening chronic disorders. Because it is a systemic disease, affecting the whole person, there is no single solution that heals it. Resolution can be difficult and expert help is lacking.

Research indicates there is widespread misunderstanding amongst Lyme Disease sufferers as to WHY we get sick and WHAT is required to get well. It is not that the myriad of therapies and supplements do not work, it is more they are not being applied in the optimal way. At best, achieving only temporary relief of symptoms.

Interviews, with long-term chronic Lyme Disease sufferers, to find out why they are struggling to recover their health, reveals almost all make fundamental errors, guaranteeing failure.

The extent of failure is such a problem I wrote a book about it. You can listen to the free 60-minute audiobook* version, here... https://is.gd/watf_abook

**Why Alternative Therapies Fail by Paul Keenan.*

Putting Lyme Disease into permanent remission (a complete cure is considered impossible), requires more than trying to clear invaders. It requires a properly structured, holistic program, which includes technical and emotional support.

- Without **structure**, sufferers approach recovery in a piecemeal manner, and will fail
- Without **support and guidance**, we lack the knowledge, focus and discipline to stick to a program
- Without addressing the **whole** person, it is virtually impossible to heal. Chronic Lyme Disease is a **systemic** problem.

The 2-Part **LYMECLEAR™ HOME** program meets these requirements. It is structured, step-by-step, comprehensive, easy to understand and affordable. Best of all it is designed to work, quickly. Since, the longer it takes to recover, the greater the cost, suffering and 'drop-out' rate.

The program is not dependent on a multitude of different Doctors, therapies, tests and re-tests. It only requires you and your LYMECLEAR™ certified practitioner.

'Live', online support is included in the program. Additional hours can be purchased, as needed.



Cost of Treatment

The cost of Lyme Disease treatment is mostly being borne by sufferers and can decimate personal finances. Many lose everything, even their homes. The way we approach recovery also has a significant effect on finances. Due to a lack of expertise, and to save money, many design their own healing programs. Unfortunately, these are almost always inadequate, resulting in lost time and, sadly, greater expenditure.

In effect, we spend many times more money, in our effort to save it.

It's not just the direct costs. When you include indirect costs of being unable to work... lost income, promotion, reduced pension, health coverage and other benefits... staying sick can cost 10's, if not hundreds of thousands of dollars. Considered, in this light, spending \$1500-2500 on a properly-structured program which can fix you, at the START of your healing journey, becomes a wise investment.

LYMECLEAR™ pricing compares well with other programs. Savings come from recovering more quickly than you would, doing it yourself. There is no intent, on our part, to keep you a paying, therefore, profitable customer.

LYMECLEAR™ HOME

Core Modules

There are 2 main Parts to LYMECLEAR™, split into 10 Modules. Each module has step-by-step instructions. **Part I** focuses on **Detox and Elimination**. **Part II** on **Repair and Regeneration**.

Complex or difficult cases may require additional time, steps or adjustments

PART I



ASSESSMENT



INTESTINAL
SANITATION



DETOX &
ELIMINATION



PARASITE
CLEANSE



PATHOGENS



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PART II



GUT REPAIR



NUTRITION



IMMUNE REPAIR



BLOCKAGES



HEALING &
REGENERATION

Many factors, internal and external, are involved in the disease process.



Figure 2: LYMECLEAR™ Program

Highlights

Comprehensive, modular, Step-by-Step Protocol

Restores 90% functionality in 75% of Lyme Disease sufferers within 14 days

Addresses internal conditions, within the body, making invaders feel at home

Works with popular regimes.. Buhner, Cowden, etc.. Increases their effectiveness

Modules and steps can be omitted, or adjusted, based on individual response

One-on-one, 'Live' online, audio, video or email support

Easy to understand and follow. Avoids complexity and technical jargon

Choice of supplements to suit differing budgets or preferences

Bio-Energetic Testing and Therapy, Food Sensitivity Testing, Progress Monitoring

Fair pricing. Faster results reduce or eliminate long-term costs

"The terrain is everything, the germ is nothing" - Louis Pasteur

Preparatory Phase

(For difficult cases, optional)

1-2 months Detox, mineralization and desensitization

Part I

Days 1-3 Detoxification and intestinal cleansing
Days 4-5 Parasites, bacterial and fungal infections
Days 6-7 Mycoplasmas and remaining infections

Part II

- 1 Inflammation
- 2 Gut repair
- 3 Enzyme Production
- 4 Gut Flora
- 5 Mitochondria/Energy System
- 6 Nutritional Deficiencies
- 7 Digestion
- 8 'Lyme Brain'
- 9 Complex conditions
- 10 Regeneration

"When we broaden the definition of Lyme Disease to include other chronic persistent infections, like Bartonella and Mycoplasma, probably 80 to 90 percent of the U.S. population is suffering symptoms caused by chronic persistent infections"

- Dr Dietrich Klinghardt

We all want to just take a pill and get better. It's what we have been conditioned, from birth, to expect. Unfortunately, taking a pill often does not work, with chronic Lyme.

Antibiotics may manage, or temporarily reduce, parasite load but come at a price to gut health. Even if successful, in clearing pathogens, symptoms may not automatically resolve, for reasons Doctors don't yet understand.

A fundamental starting point, for reversing all chronic disease, is to **correct the internal conditions, within the body, causing you to get sick.** What do we do when goldfish water is dirty? We don't inject the goldfish or give them drugs. You clean the water. Our body is 96% water. We must do the same.

"You can't heal a dirty body" – Charlotte Gerson

**WHEN THE WATER FILLS WITH TOXINS
SYMPTOMS START TO APPEAR**

TOXINS
Stress
Pollution
Bacteria
Viruses
Food Intolerances
Medicines & Drugs
Toxic Metals
Acidic Diet
Candida



SYMPTOMS
Infection
Inflammation
Chronic Disorders
Degeneration
Allergies

**THE AIM IS NOT TO MEDICATE THE
FISH BUT CLEAN THE WATER**

Effectiveness of Lyme Disease Solutions

Patient Poll from whatislyme.com

LYME PATIENT POLL

What Lyme Disease Protocol has Helped you the Most?



credit whatislyme.com

Votes 346

This isn't a large enough sample size, to draw firm conclusions but we could be doing so much better. It's why we created LYMECLEAR™.

10 Reasons

Lyme Disease Solutions Fail

- 1 Too few Lyme-Literate Doctors/Practitioners
- 2 Lack of a Properly Structured Program
- 3 Ineffective or Inadequate Solutions
- 4 Unreliable Testing
- 5 Individual Responses To Treatment
- 6 Failing to Address Underlying Cause
- 7 Toxicity
- 8 Failing to Stick To A Program
- 9 Lack of Support
- 10 Lack of Funds



*Drawn from '**Why Alternative Therapies Fail**' by Paul Keenan

10 Reasons

LYMECLEAR™ Succeeds

- 1 Structured
- 2 Comprehensive
- 3 Addresses Underlying Cause
- 4 Holistic/Natural
- 5 Addresses the Fundamentals
- 6 Effective Anti-Microbials
- 7 Identifies and Clears Barriers To Healing
- 8 Bio-Energetic Testing
- 9 Affordability
- 10 Technical and Emotional Support



How Effective is LYMECLEAR™?

LYMECLEAR™ is not just a detox and parasite cleanse. It is a comprehensive chronic disease program. You could name it GOUTCLEAR, ARTHRITISCLEAR, FIBROCLEAR, MSCLEAR, IBSCLEAR, CHRONSCLEAR or any of 300 different conditions. 'Lyme Disease' is just the label we give to a set of symptoms.

Most chronic conditions stem from the same cause... a weakened gut and immune system. You may have heard the saying... *"All disease begins in the gut"*. By healing the gut and immune system, LYMECLEAR™ helps resolve the conditions that spring from it. While the program may appear involved, steps are simple and easy to understand. Underpinning it all, is addressing the two main causes of disease... toxicity and deficiency.

Is LYMECLEAR™ Effective?

If the yardstick is to put the disease into complete remission and enable a return to normal life, Joe's testimonial shows what can be achieved... <https://www.youtube.com/watch?v=ppl9M1xwt9A>



How quickly you heal depends on age, sex, length of time infected, complex conditions and how well you stick to the program.

Results are not solely based on clients' subjective feeling. Bio-Energetic testing allows us to track progress and confirm the success of each stage. e.g. You test positive for a parasite or pathogen, apply the corrective steps, then re-test to confirm infection has cleared. Likewise for organ systems, mineral levels, inflammation, etc..

75-80% respond well. 15% need more time. 5% do not respond, for various reasons.



Bio-energetic testing identifies around 140 different worms, parasites, viruses and fungi. Symptoms support findings.

Barriers to Healing

Parasites, pathogenic biofilms*, low vitality, systemic toxicity, genetics, nutrient deficiencies, food sensitivities, inflammation, chronic disorders, 'toxic stress', EMFs, emotional trauma, dental problems, restrictions to blood, lymph and nerve flow, can all be barriers to healing. Electromagnetic radiation is a significant problem. EMFs and Ionizing radiation suppress immune function and create inflammation.

If you are not responding to the protocol, it's usually one of these factors. Working together, we identify and resolve them.

***NOTE:** Over-zealous clearing of biofilms is dangerous. Beneficial bacteria also create biofilms, which are healthy and necessary.

'Die-off' or Herxheimer Reaction

During the 'Kill' phase, dying parasites, fungi and bacteria release chemicals, such as ammonia, which can make us feel unwell.

Some individuals are hyper-sensitive to 'die-off' and immune responses. Steps are included to reduce, or eliminate, such responses.

(Gastrointestinal Function) Analysis Report Card

Name:
Figure: 186cm, 102kg

Sex: Male

Age: 57

Testing Time: 12/02/2020 11:31

Column

Actual Testing Results

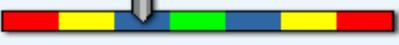
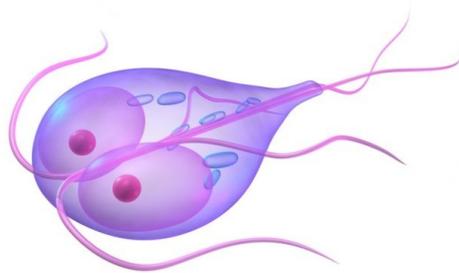
Testing Item	Normal Range	Actual Measurement Value	Testing Result
Pepsin Secretion Coefficient	59.847 - 65.234	57.877	
Gastric Peristalsis Function Coefficient	58.425 - 61.213	59.403	
Gastric Absorption Function Coefficient	34.367 - 35.642	32.809	
Small Intestine Peristalsis Function Coefficient	133.437 - 140.476	128.727	
Small Intestine Absorption Function Coefficient	3.572 - 6.483	2.791	

Figure 3: Example results of Gastro-Intestinal scan

Giardia

Few have heard of *Giardia Lamblia*, *Lambliia Intestinalis* or *Giardia Duodenalis*. Yet it is the number 1 Protozoan parasite, worldwide, and is spreading.



Once established, in the body (refractory/chronic), Giardia is a major cause of chronic, degenerative disorders, due to its profound effect on gut and immune health. Because standard tests easily miss it, practitioners look elsewhere, for cause. There is also considerable lack of education, amongst Doctors, about parasites.

Chronic Giardia infects a surprising number of Lyme sufferers and may be the primary cause of their symptoms, not the Lyme infections. If present, Giardia can prevent full recovery.

The **LYMECLEAR™** Program stems from the **GIARDIACLEAR™** program, which was developed in Thailand and was found to reverse, not just Giardia infection but Lyme infections, too.

Fasting

While it is possible to clear infections, while eating, fasting **DOUBLES** success rates. Put another way... if you eat, you **HALVE** your chances of success.

Fasting (not starving) has been used for thousands of years to bring about healing. Animals, when sick, instinctively stop eating and seek out clay, herbs or green leaves (chlorophyll). By not eating, the body's vitality, previously taken up with preparing, consuming, digesting and eliminating food, is now available for cleansing, healing and regeneration. All of which occur at accelerated pace, when fasting.

The combination, of fasting and cleansing/detoxification, is exceptional in reversing chronic disease, generating new stem cells and accelerating all aspects of healing. Parasites are denied a food source, when fasting. Since supplements are also foods, most are also excluded.

Fasting is most effective when the body is hydrated. Imagine a dirty sponge left overnight in a bucket of water. In the morning, the sponge is clean and the dirt sitting at the bottom of the bucket. Pure water is a solvent. It hydrates and lifts waste out of the tissues, then helps move it toward the channels of elimination (kidneys, colon, lungs, skin). If you don't drink sufficient water, 'dirt' cannot 'lift' off.



Water, fruit and vegetable juices, hydrate, alkalyze, 'scrub' and cleanse. Specific techniques help mobilization, detoxification and elimination of waste matter.

If you have never fasted before, you may think it difficult. Yet, in practice, it is far easier to eat nothing at all than, say, a raw vegan or low carb diet, where you can feel hungry all the time and healing takes longer.

After 36-48 hours our digestion 'switches off'. You can then go 10, 20, 30 days and more, without hunger. The body gets to work 'cleaning house'... scavenging and consuming dead, damaged or dying cells. This is called 'Autophagy'.

Eating

If you cannot Fast, healing diets are permitted. Diet is determined via Food Sensitivity Testing, identifying your constitutional type and your own reactions to food.

Recovery takes longer when inflammation is present. An inflamed intestinal lining and unbalanced gut bacteria can cause food sensitivities and allergies. Continuing to eat foods can further irritate an inflamed intestinal lining, keeping your 'inflammatory fires' burning.

Testing helps identify trigger foods, so they can be excluded. Once the gut is healed, excluded foods are re-introduced.

Bio-Energetic Testing

“If you want to find the secrets of the universe, think in terms of energy, frequency and vibration.”
- Nikola Tesla

Luc Montagnier, who discovered HIV, spent years looking at how microbes communicate with each other and our immune system. He found they do so through emissions of electromagnetic light waves, microwaves and low frequencies. Chemical signals are secondary.

This becomes of major importance when we consider “dirty electricity”... EMFs, Smart meters, WiFi towers, mobile phones, routers, microwaves, etc..

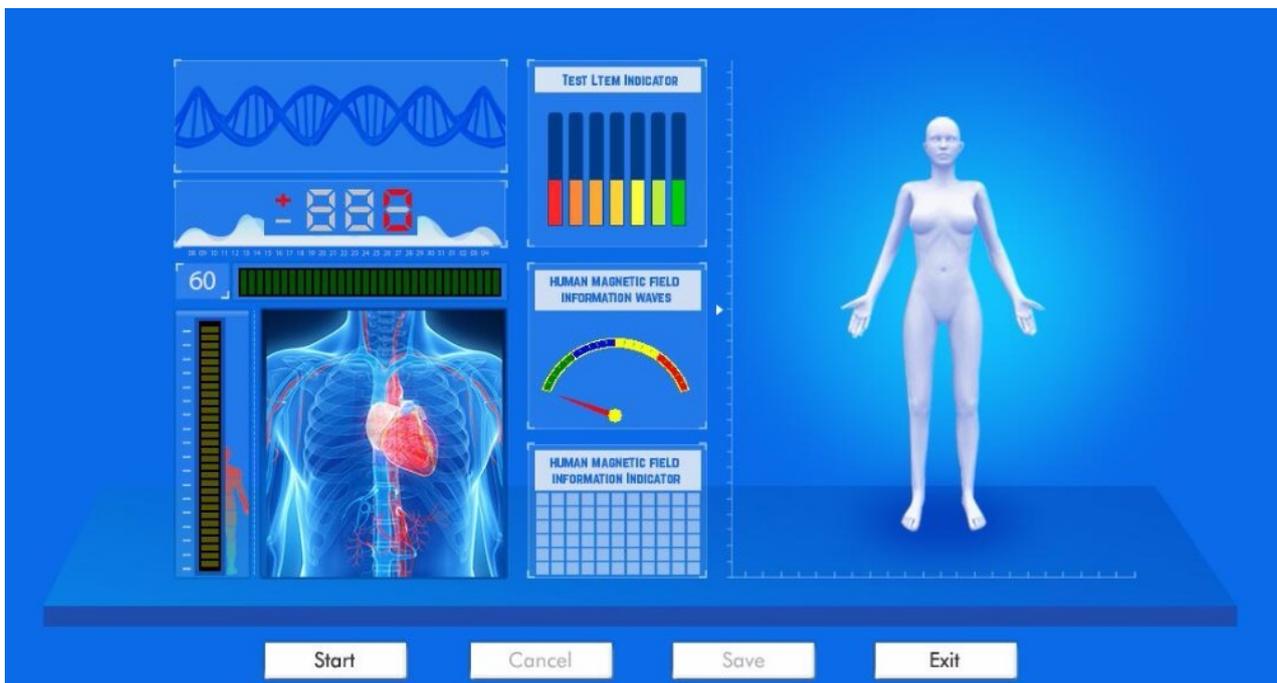


Figure 4: Quantum Analyzer Screenshot

In cultures and religions throughout the world we are considered ‘Beings of Light’. Our cells communicate with each other using light and frequency. A whole branch of Energy Medicine has developed around this concept. Auras, Chakras, Acupuncture, the Laying On of Hands, Crystals, Stones, Reiki, Homeopathy, Flower Remedies and more. Such techniques attempt to manipulate energy or the flow of energy through the body. Energy Medicine is based on the concept everything in nature has its own unique, resonant frequency. A bit like the old wireless Radio Stations could tune into different radio bands or frequencies.

Over the last 100 years, Doctors, scientists and researchers have identified and catalogued thousands of frequencies... Plants, minerals, vitamins, parasites, organs, healthy and unhealthy states, hormones, emotions, even supplements and pharmaceuticals... and put them into computerized databases. Scans compare the frequencies in the body to those in the databases,

identifying imbalances. Weakened frequencies can then be 'energetically' corrected, using bio-energetic therapy, restoring healthy, cell-to-cell communication.



Why Do We Need it?

How do we know if a supplement or herb is working? If a parasite or pathogen has been cleared? What foods and substances you are sensitive to? If inflammation has resolved and the gut healed? If Iron, Zinc and B12 levels are back to normal? If gut bacteria are balanced and enzyme production restored? If it is okay to move on to the next stage of the protocol?

Scans help answer these questions, eliminating the need for unreliable, expensive conventional tests. They put an end to guesswork.

Tens of thousands of 'bio-energetic' devices can be found, in clinics, spas, gyms and hospitals, around the world. From \$30,000 units to as little as \$60. With **LYMECLEAR HOME™** devices are shipped to you. Since we source direct from the manufacturer, these are acquired at significant discount to the high street price.

Testing can help identify:

- Imbalances, disorders and infections, their location and Stage
- Bacteria, fungi, viruses and parasites
- Food Sensitivities
- Nutrient Deficiencies
- Optimal foods, herbs and supplements
- Major Systems, Mineral, Vitamin, Amino acid, Fats and Collagen status
- Blood sugar, prostate health, hormones, EMF, chemical and metal toxicity, and more

Conventional Testing

Trying to obtain the same information these scans provide, would cost thousands of dollars, from multiple different providers, plus the cost of Doctor visits, travel, etc.. Even if you could find such

tests. Full panel Lyme testing costs hundreds of dollars, is limited in what it finds and false readings can lead to unnecessary or inappropriate treatment.

“Rich Man’s Disease”

Lyme Disease is called the “Rich Man’s Disease”. With practitioner costs, supplements, therapies, testing, re-testing and travel costs, you can be paying thousands of dollars per month for treatment and supplements.

Switching to **LYMECLEAR™** will reduce your current and, by recovering faster, future costs. Frequency devices save money on testing. No-one should be forced to sell their homes to get well.



Recovery of Costs

Energy devices can be sold on, after the program, recouping some of your outlay. Although, most clients like to keep them, for home use.

Support Group

Those undertaking the program are automatically added to our private Messenger Group. Here you can share tips and experiences and encourage each other.

Supplements

While we recommended a wide range of supplements, **LYMECLEAR™** allows for other herbal regimes, such as Klinghardt, Buhner and Cowden.

Why 240 Minutes Support?

Most Lyme Disease programs involve months, possibly years, working with practitioners, testing and re-testing, travel costs, time off work (if you are able) and clinic attendance.

LYMECLEAR™ HOME is an online program, which includes 4hrs remote support. There is no requirement to travel or, physically, meet with a practitioner.

4 hours (240 minutes) is the minimum needed for:

- Initial assessment and information-gathering
- Program design and delivery
- Device setup, scans and review
- Technical and emotional support
- Progress monitoring

Additional support hours may be purchased, as needed.

OPTIONS & PRICES

(From April 1st 2022)

PREMIUM

LYMECLEAR HOME™ + 4 hours 'Live' Support
+ Quantum Sensing + Bioplasm

US\$2250

INTERMEDIATE

LYMECLEAR HOME™ + 4 hours 'Live' Support
+ Quantum Sensing

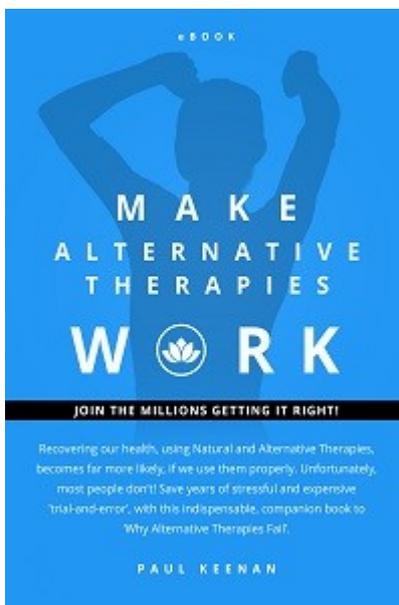
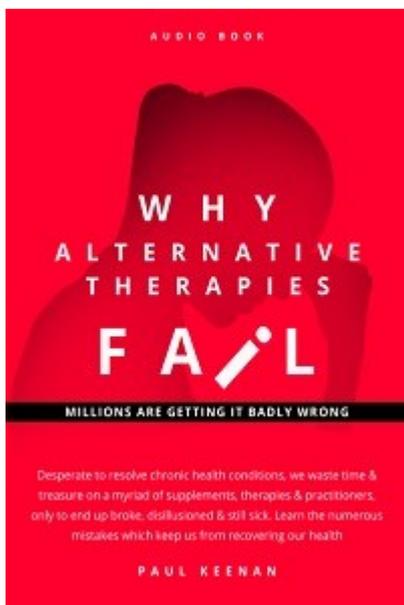
US\$1725

BASIC

LYMECLEAR HOME™ + 4 hours 'Live' Support

US\$1495

All those joining the program receive free copies of 'Why Alternative Therapies Fail' + 'Make Alternative Therapies Work'



TECHNICAL REQUIREMENTS

(For those who opt for Bioresonance devices)

To run the Software you will need:

A desktop PC or laptop, running **Microsoft Windows 10**
3 empty USB ports
Internet connection

Mobile phones and Apple Macs are NOT suitable

LYMECLEAR RETREAT™

(in Thailand)

Presently unavailable due to COVID restrictions

If you wish to be informed when Retreats re-commence, email info@wellnesspaul.com

When it comes to recovering health, there is no beating a customized, healing program at a private [Residential Retreat](#), working, 'one-on-one', with an experienced **LYMECLEAR™** practitioner. You receive 24x7 support and attention, in a warm climate and beautiful setting, with all the tools, skills and experience you need, on hand.



Therapies Available at the Retreat

Juice Fasting
Cellular Cleanse
Ayurveda
Meditation
Yoga for Your Dosha
Nature Cure

Emotional Healing
Pranayama
Hydrotherapy
Thai Traditional Massage
Oxygen Therapy
Fever Therapy (Pyrotherapy)

Bioresonance + Meta-Therapy
NIR Sauna
Food Sensitivity Testing
EFT + NLP
Shirodhara
Workshops & Education

Other therapies available, as needed

LYMECLEAR RETREAT™

Program is 21-28 Days*
(some supplements included)

Price on Request

*Maximum 3 attendees. Retreats run 3x per year.
To register an interest, email info@wellnesspaul.com



THE NEXT STEP

To proceed or for further questions, contact me on Messenger [here](#) or email info@wellnesspaul.com

DISCLAIMER

I am not a Doctor and do not prescribe 'medicines' nor do I treat 'patients'. There is no 'Doctor-Patient' relationship. I do not 'cure' anyone. I provide information and support, in an environment in which you improve yourself.

Any action you take related to health and wellness, based on the information presented by me, within this document, on the WellnessPaul website, either written or verbally, is your sole responsibility and you act of your own volition and in consultation with your Doctor or fully-licensed Medical practitioner.

Information provided within this document is readily available in the public domain. All herbs, supplements and Lyme protocols mentioned are already in use by medical and/or integrative Doctors in different parts of the world. If any therapy, herb, supplement, device or technique, is banned in your State or country, please abide by your local laws.