

# THE **LYMECLEAR™** PROTOCOL

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An Innovative Approach to Lyme Disease





# LYMECLEAR Protocol

Your Path To Normal Life

# LYMECLEAR HOME™

Heal at Home With  
Expert Online Support



# LYMECLEAR CLINIC™

Visit Your Local  
LYMECLEAR-Certified  
Practitioner

# LYMECLEAR RETREAT™

Concentrated, Stress-  
Free Healing, In a  
Tropical Setting



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Reasons We Get Sick

Why We Struggle To Recover

Why You Need A Structured Protocol

Why Lyme Disease Solutions Fail

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Options & Pricing (Pg.24)

*"I believe the single most undiagnosed health challenge in the history of the human race is parasites. I realize that is a pretty brave statement, but it is based on my 20 years of experience with more than 20,000 patients."*

**- Dr Ross Anderson**

Lyme Disease is, arguably, the most difficult challenge in health. Despite tremendous effort and cost, many Lyme Disease sufferers are unable to recover their health. In fact, are **guaranteed** to fail. Resolution can be difficult and expert help, hard to find.

Chronic Lyme Disease is complex, with multiple persistent infections and progressively worsening symptoms. Because it is systemic, affecting the whole person, there is no single solution.

There is widespread misunderstanding of WHY we get sick and WHAT is required to get well. A myriad of therapies and supplements can help. However, they are not being applied in the optimal way. At best, achieving temporary relief of symptoms.

## **Healing Blocks**

Just as a car cannot complete its journey if the road is blocked by fallen trees, **we** cannot complete our healing journey if our road to recovery is blocked. There are a surprising number of 'fallen trees', in Chronic Disease, which not only block recovery, but **guarantee** we will fail. Most are unknown or not taken seriously.

To my knowledge this vital aspect of health has never been cataloged into a single easily understood resource, despite being the single biggest cause of failure. It is crucial to attention to this, if you are serious about recovering your health.

To help raise awareness I recently launched **What's Keeping You Sick? Lyme Disease Edition...** there's also a **Chronic Disease Edition...** which lists the most common reasons, or 'blocks', keeping us sick.

Particularly useful is the **checklist**, which helps you quickly identify your own personal healing blocks. Clearing them, should render the healing phase more likely to work.

The checklist is currently **FREE** for everyone (link below).

# FREE Checklist

## Identify Your Personal Healing Blocks

What's Keeping You Sick? Lyme Disease Edition



**CHECKLIST**

Check each item which may be keeping you sick.  
Best used with the What's Keeping You Sick? Lyme Disease e-Book.

**Knowledge**  
Not knowing what causes illness.  
Not knowing what brings health.  
Ignorance of available and effective therapies/solutions.  
Information overload.  
Too much choice.  
Inaccurate and biased health information.  
Opting for the first results in online search.  
Being misdiagnosed.  
Being misinformed or uninformed.  
Suppressed cures and competition.  
Health 'High Presses' ignoring scientific gibberish.  
Falling for false and exaggerated claims.  
Confused by technical language or complex instructions.

**Attitude**  
You're not really serious.  
Health isn't a priority.  
You made health the Doctor's job!  
Refusing to change your way of life.  
Wanting instant fixes.  
You are practising "Grasshopper Medicine".  
Ignoring your intuition (gut feeling).  
Failing to think positively - "Placebo Effect"  
Having a closed mind.  
Lazy or lacking motivation.  
"Cherry-picking" the bits you like. Ignoring the bits you don't.  
Scepticism and cynicism.  
It's "too difficult", "too slow" or "too much effort".  
Lack of self-belief and self-worth.  
You, financially or emotionally, benefit from illness.  
Self-sabotage.  
"Tomorrow, I'll start tomorrow".

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Printable A4 PDF document



Select the images or scan the QR Code to go to the download page.

# Remission

Putting Lyme Disease into remission involves more than just attacking invaders. Protocols need to be easy to understand, structured, holistic, customized for each individual and include support (*it's no fun doing this, alone*).

- **Complexity** makes us confused and give up.
- Without **Structure** we proceed in a piecemeal manner and fail.
- **Individualization** is crucial because we don't share the same genes, bacteria, behaviors, emotions, beliefs, set of symptoms or response to therapies. It's why 'one-size-fits-all' solutions fail.
- Without **Support** we lack knowledge, discipline and motivation to complete a protocol.
- Without addressing the **whole** person (holistic) results are disappointing.

**LYMECLEAR** meets these requirements.

# Costs

Treatment costs can decimate personal finances. Many Lyme sufferers lose everything, even their homes. Some, sadly, take their own lives.

It's not just the direct costs of medicines, Doctor visits, practitioners, supplements and therapies. There are indirect costs. Being unable to work... loss of income, promotion, reduced pension, health coverage and lost opportunity. This can cost tens, if not hundreds, of thousands of dollars.

How you **approach recovery** has a significant effect on finances.

- Choosing expensive treatments and supplements when cheaper, more effective options may be available.
- Trying to save money often results in **greater** expenditure and lost time (perhaps years) as we suffer repeated failure. Looking back, we find we have spent many times **more** money, in our effort to save it.
- The average annual cost of Lyme treatment, in the U.S., is over US\$50,000. Prices for LYMECLEAR... even the Lyme Disease Retreat... start to look like good value.
- Adopting a 'done-for-you' protocol or attending a dedicated Retreat... which could fix you at the START of your healing journey... can avoid significant future costs.
- Out of an abundance of caution, many Lyme solutions work, slowly. This is costly and not always necessary.

If you haven't got it, you haven't got it. There are still affordable options. Choose either:

- **Lyme Disease SET** (pg.26) includes protocols you can try, yourself, at home. It's on **Special Launch Offer** for only \$29.95 >>> [here](#) <<<
- Or a 1-hour **Consult**.

*“You cannot build a house to last 100 years, without a detailed plan, the necessary skills, or using inferior materials. Building a body to last 100 years, is no different”.*

## LYMECLEAR Modules

LYMECLEAR is broken down into separate modules, each containing step-by-step instructions. Modules can be added to, combined, omitted or switched around, depending on individual need and response.

 ASSESSMENT	 SUPPLEMENTS & NUTRITION	 PARASITE CLEANSE	 CLEAR BLOCKAGES
 INTESTINAL SANITATION	 INFLAMMATION & GUT REPAIR	 LYME & MOLD PATHOGENS	 TOXIC METALS
 DETOX & ELIMINATION	 IMMUNE REPAIR	 LYME BRAIN	 BIO-ENERGETIC TESTING
 LIFESTYLE	 STRESS REDUCTION	 EMOTIONAL HEALING	 REGENERATION

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*Additional modules may include EMFs, MTHFR, SIBO and more. - Paul Keenan*

Healing from Lyme can be complicated. Breaking it down, like this, makes it far easier to follow. Understand. This is NOT one symptom = one drug. You are trying to **heal** your disease, not **manage** symptoms.

# Healing Factors

Our world is so toxic, today, many factors need to be considered

 <p>DETOX &amp; ELIMINATION</p>	Pesticides, Chemicals, Heavy Metals, Metabolic & Acid Wastes, Lymphatic Drainage, Endo- & Neuro-Toxins
 <p>PARASITE CLEANSE</p>	Parasites, Pathogens, Fungal Overgrowth, 'Bad' Bacteria, Viruses, Mold
 <p>GUT REPAIR</p>	Inflammation, Unbalanced Gut Flora, Stunted Micro-Villi, Enzyme Deficiency, Food Sensitivities
 <p>IMMUNE REPAIR</p>	Probiotics, Stress Management, Sleep, Exercise, Nutrients
 <p>NUTRITION</p>	Individualized Diet, Trace & Macro Minerals, Vitamins
 <p>CLEARING BLOCKAGES</p>	Biofilms, EMFs, Dental, Emotional Trauma, Negativity, Addiction, Stagnation, Restricted Blood, Lymph & Nerve Flow

Figure 1: Example healing considerations

# LYMECLEAR Highlights

Comprehensive, modular, step-by-step instructions

4 hours one-on-one, 'Live', online or email support

Restores functionality in Lyme Disease sufferers\*, within 14 days

Easy to understand and follow. Avoids complexity and technical jargon

Addresses internal conditions within the body, which make invaders feel at home

Supplements to suit differing budgets and preferences

Works with popular herbal regimes.. Buhner, Cowden, etc.. or choose ours.

Bio-Energetic Testing and Therapy, Food Sensitivity Testing, Progress Monitoring

Modules and steps are adjusted, based on individual response

Fair pricing, with faster results reducing or preventing long-term costs

*\*Approximately 70%*

*"The terrain is everything, the germ is nothing" - Louis Pasteur*

# Stages

## Part I

1-14 Days    Detoxification and intestinal cleansing  
Parasites, bacterial and fungal infections  
Mycoplasmas and remaining infections

## Part II

- Inflammation
- Gut repair
- Enzyme Production
- Gut Flora
- Mitochondria/Energy System
- Nutritional Deficiencies
- Digestion
- 'Lyme Brain'
- Complex conditions
- Regeneration

*\* A preparation phase may be required for more serious cases. 1-2 months of detox, re-mineralization and de-sensitization (mold)*

*"When we broaden the definition of Lyme Disease to include other chronic persistent infections, like Bartonella and Mycoplasma, probably 80 to 90 percent of the U.S. population is suffering symptoms caused by chronic persistent infections"*

**- Dr Dietrich Klinghardt**

We all want to just take a pill and get better. It's what we have been conditioned, from birth, to expect. Unfortunately, this does not work with Chronic Disease, especially Lyme Disease.

Antibiotics may temporarily reduce parasitic, or bacterial, overload but at a cost to gut and immune health.

A fundamental starting point, for reversing Chronic Disease, is to **address the root cause**. The internal conditions, within the body, causing you to get sick.

What do we do when goldfish water is dirty? Inject the goldfish with drugs? Cut out little organs, with tiny surgical tools? No. We clean the water. Our body is 96% water. How clean is it?

**WHEN THE WATER FILLS WITH TOXINS  
SYMPTOMS START TO APPEAR**

**TOXINS**

- Stress
- Pollution
- Bacteria
- Viruses
- Food Intolerances
- Medicines & Drugs
- Toxic Metals
- Acidic Diet
- Candida



**SYMPTOMS**

- Infection
- Inflammation
- Chronic Disorders
- Degeneration
- Allergies

**THE AIM IS NOT TO MEDICATE THE  
FISH BUT CLEAN THE WATER**

# Effectiveness of Lyme Disease Solutions

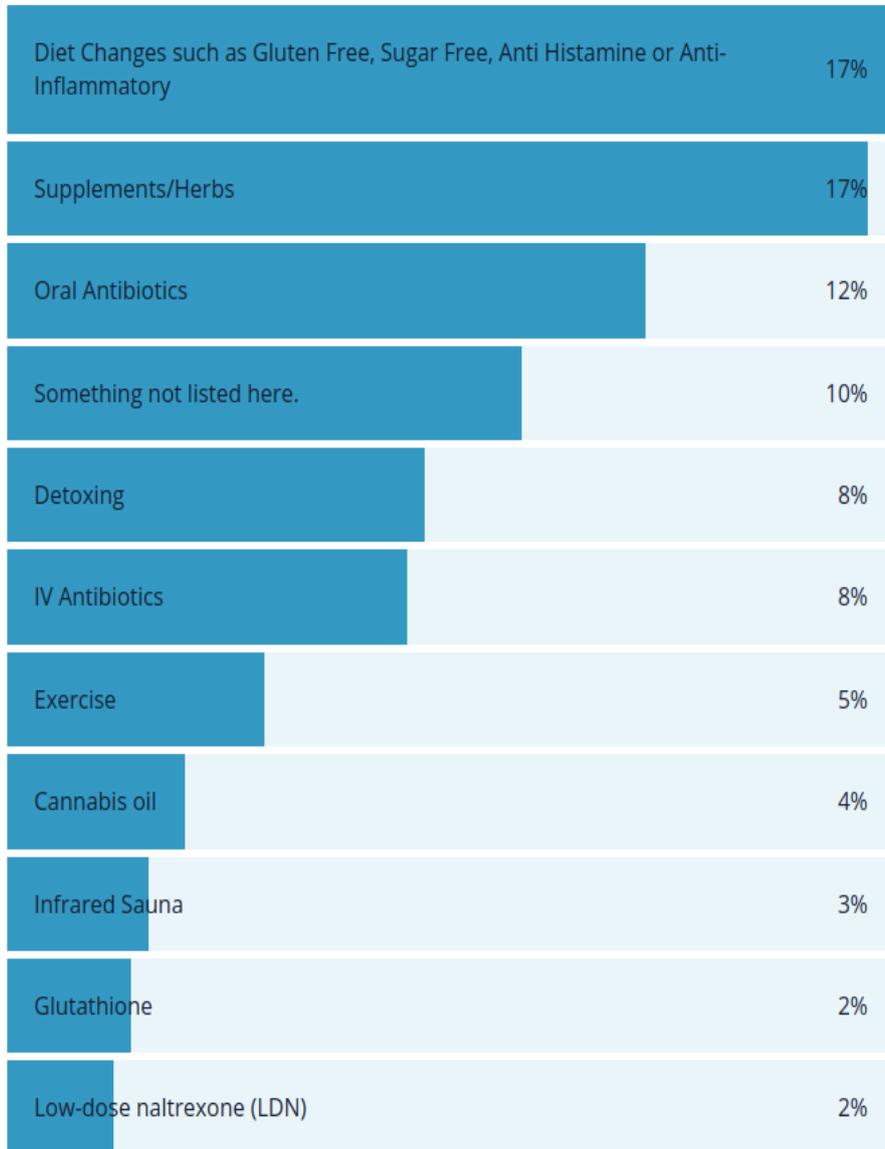


Figure 2: Credit [whatislyme.com](http://whatislyme.com)

This poll from [whatislyme.com](http://whatislyme.com) isn't a large enough sample size to draw firm conclusions. However, it does show there's more to tackling Lyme Disease, than antibiotics.

# 10 Ways

## Lyme Solutions Fail

- 1 Too few Lyme-Literate Doctors/Practitioners
- 2 Lack of a Properly Structured Protocol
- 3 Ineffective or Inadequate Solutions
- 4 Unreliable Testing
- 5 Individual Responses To Treatment
- 6 Not Addressing Underlying Cause
- 7 Toxicity
- 8 Not Sticking To A Protocol
- 9 Lack of Support
- 10 Lack of Funds



*\*Download the checklist to identify your personal healing blocks.*

# 10 Ways LYMECLEAR Succeeds

- 1 Structured
- 2 Comprehensive
- 3 Addresses underlying cause
- 4 Holistic/Natural
- 5 Applies the fundamentals of healing
- 6 Natural anti-microbials
- 7 Clears healing blocks
- 8 Energetic Testing
- 9 Fair pricing
- 10 Support is included (and often praised)



## How Effective Is It?

Most Doctors believe Lyme Disease is incurable. This does not mean you cannot improve or lead a normal life. Many of those undertaking the LYMECLEAR Protocol, recover enough to return to normal life, in as little as 14 days. It may or may not continue but that's a remarkable result. 25% need adjusted protocols or more time. 5% do not respond, at all, for various reasons.

How well you respond, varies and depends on age, sex, length of time infected, co-conditions, 'health blocks', individual response to supplements and therapies and how well you stick to the protocol.

Joe's un-polished testimonial shows what can be achieved... [Video Testimonial](#)



Lyme Disease is, first and foremost, **Chronic Disease**. It can cause a broad range of chronic conditions, needing a broad chronic disease solution. Like LYMECLEAR. I could call it GOUTCLEAR, ARTHRITISCLEAR, FIBROCLEAR, MSCLEAR, IBSCLEAR, DIABETESCLEAR and so on. 'Lyme Disease' is just the 'catch-all' label Doctors use, to encapsulate a wide set of symptoms.

Most Chronic Disease stems from the same underlying causes... toxicity, deficiency, a damaged gut ("*All disease begins in the gut*") and weakened immune system, which allow parasites and pathogens to take up residence.

# Testing

Bio-Energetic testing is included in the **Premium** and **Intermediate** package. Instead of 'flying blind' and relying on subjective feelings, testing allows you to track progress, at every stage, reducing guesswork.

Testing identifies different worms, parasites, viruses and fungi. It can also indicate health conditions, mineral and vitamin status, toxins and much more. The below example is for the Small Intestine. Green and blue means healthy. Yellow and red indicate imbalance.

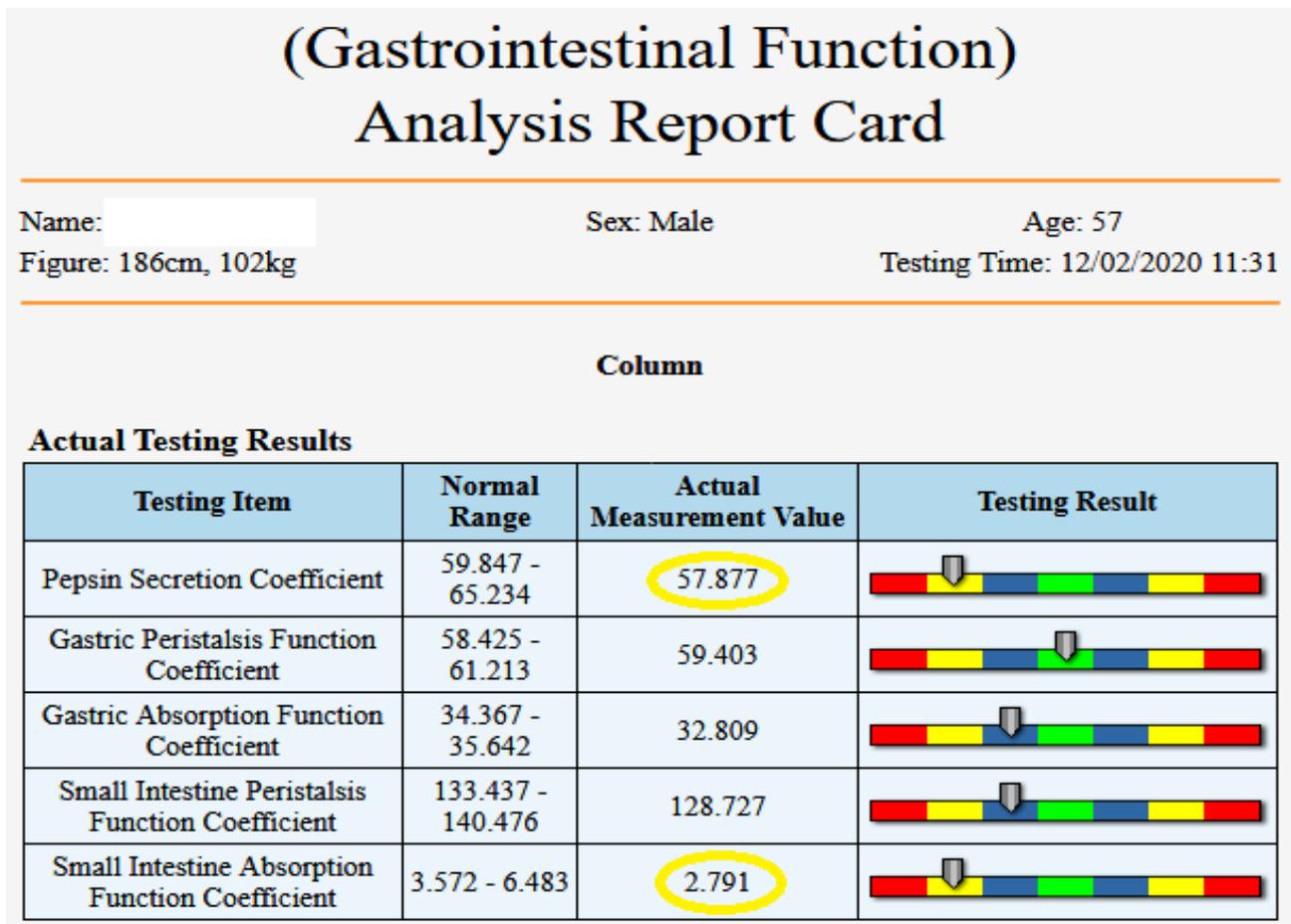
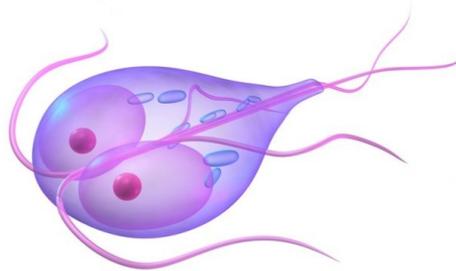


Figure 3: Example results of Gastro-Intestinal scan

## Giardia



Few have heard of *Giardia Lamblia*, *Lamblia Intestinalis* or *Giardia Duodenalis*. All the same name for Giardia or 'Beaver Fever', despite it being the number 1 Protozoan parasite, worldwide.

Once chronic, Giardia is a major cause of chronic, degenerative disorders, due to its profound effect on gut and immune health. Because standard stool tests easily miss it, practitioners look elsewhere, for cause. It doesn't help there's considerable lack of education among Doctors about parasites.

Chronic Giardia infects a surprising number of Lyme sufferers and may be the primary cause of their 'Lyme-like' symptoms. NOT Lyme itself. Due to its profound effect on the gut, Giardia (it's in the checklist) can absolutely block recovery from Lyme.

Similar parasites, to Giardia, also need to be considered.

\*LYMECLEAR was born out of the GIARDIACLEAR Protocol, developed by me, in Thailand, after I noticed it was also effective with Lyme Disease.

# Fasting

While it is possible to reverse chronic disease, when eating, experience shows fasting accelerates the healing process and **DOUBLES** parasite clearance rates. Put another way... if you continue to eat, you **HALVE** your chances of success.

Fasting (not starving) has been used for thousands of years to bring about healing. Animals, when sick, instinctively stop eating and seek out clay, herbs or green leaves (chlorophyll). By not eating, your body's vitality... previously taken up with preparing, consuming, digesting and eliminating food... is now available for cleansing, healing and regeneration. All of which occur at accelerated pace.

The combination of fasting and cleansing/detoxification, is exceptional in reversing chronic disease, generating new stem cells and accelerating all aspects of healing.

If you have never juice-fasted before, you may think it is difficult. In practice, it is far easier than, say, a vegan or low-carb diet, where you can feel hungry all the time and healing takes longer.



# Eating

If you cannot Fast, eating is permitted. Allowed foods are determined via Food Sensitivity Testing and Constitutional Type. Testing helps identify trigger foods, needing to be excluded.

Once the gut is healed, excluded foods can be slowly re-introduced.

# Energetic Testing

*"If you want to find the secrets of the universe, think in terms of energy, frequency and vibration." - Nikola Tesla*



Luc Montagnier, who discovered HIV, spent years looking at how microbes communicate with each other and our immune system. He found they do so through emissions of electromagnetic light waves, microwaves and low frequencies.

This becomes of major importance when we consider the health impact of "dirty electricity"... EMFs, Smart meters, WiFi towers, mobile phones, routers, microwaves, etc..

In cultures and religions throughout the world we are considered 'Beings of Light'. Our cells communicate with each other using light and frequency.

A whole branch of Energy Medicine has developed around this concept. Auras, Chakras, Acupuncture, the Laying On of Hands, Crystals, Stones, Reiki, Homeopathy, Flower Remedies and more. Such techniques attempt to manipulate energy or the flow of energy through the body.

Energy Medicine is based on the concept everything in nature has its own unique, resonant frequency. A bit like the old wireless Radio Stations could tune into different radio bands or frequencies.

Over the last 100 years, Doctors, scientists and researchers have identified and cataloged thousands of frequencies... Plants, minerals, vitamins, parasites, organs, healthy and unhealthy states, hormones, emotions, supplements and pharmaceuticals... and put them into computerized databases.

Scans compare the frequencies detected in the body, to those in the databases, identifying imbalances. According to manufacturers, weakened frequencies can be 'energetically' corrected, restoring healthy cell-to-cell communication.

## Why Do We Need Testing?

How do we know:

- If a supplement or herb is working?
- If a parasite or pathogen has gone?
- What foods and substances you are sensitive to?
- If inflammation has resolved and the gut healed?
- If Iron, Zinc and B12 levels are back to normal?
- If gut bacteria are balanced and enzyme production restored?
- If it's okay to move to the next Stage?

Testing helps answer these questions.

With LYMECLEAR HOME, devices are shipped to you. Since we source direct from the manufacturer, these are acquired at significant discount to high street prices.



Devices can be sold, after completing the program, recouping some of your outlay. Although, most prefer to hold on to them, for home use.

## ***Supplements***

We do not receive commissions from recommending supplements. LYMECLEAR can incorporate herbal regimes, such as Buhner, Rawls and Cowden.

# **Support**

Most Lyme Disease programs involve months, even years, working with practitioners.

We start with 4 hours remote online support. Saving on travel costs, time off work and clinic attendance. Sometimes this is sufficient. Additional hours can be purchased, if needed.

LYMECLEAR is undertaken at home. There is no requirement to physically meet with a practitioner. You connect via video, email or social media.

Support time is needed for:

- Initial assessment and information-gathering
- Device setup, base scans, 'Meta-Therapy' and progress monitoring
- Protocol design and delivery
- Answering questions
- Ongoing adjustment of the protocol, as needed (it's always needed)
- Technical and emotional support
- Progress monitoring

# OPTIONS & PRICES

(From April 1<sup>st</sup> 2022)

## PREMIUM

LYMECLEAR HOME + 4 hours 'Live' Support  
+ Quantum Sensing + Bioplasm

**US\$2250**

## INTERMEDIATE

LYMECLEAR HOME + 4 hours 'Live' Support  
+ Quantum Sensing

**US\$1725**

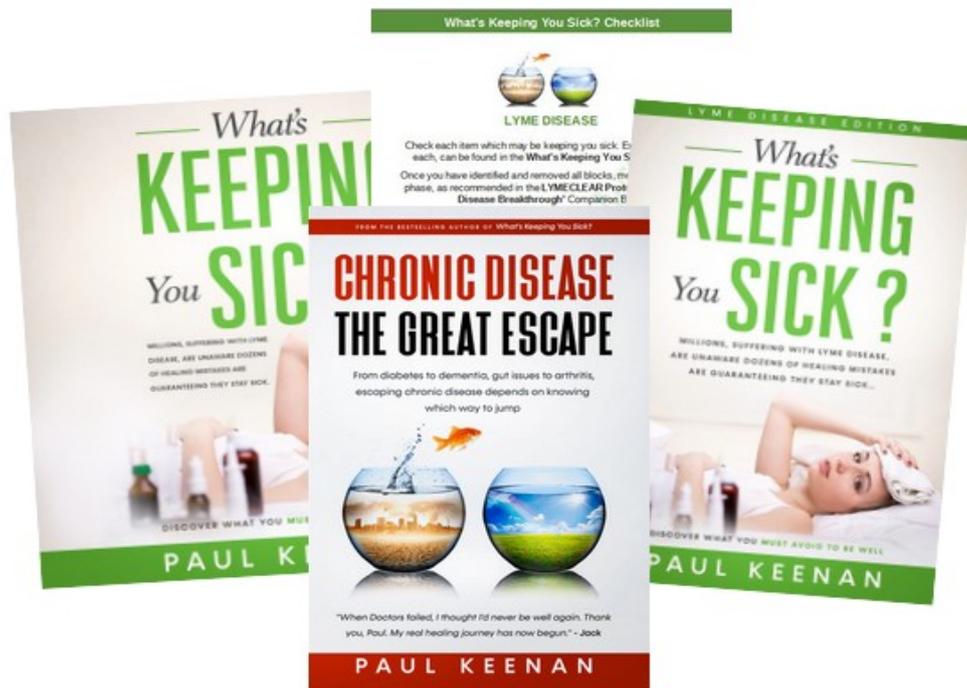
## BASIC

LYMECLEAR HOME + 4 hours 'Live' Support

**US\$1495**

*\*price excludes supplements, which depend on individual need*

# What's Keeping You Sick? Lyme Disease Edition



Receive the Complete SET when you purchase the LYMECLEAR PROTOCOL.

Includes the audiobook, e-book, checklist and **The Great Escape** companion book .

(with Lyme Disease protocols).

Books can be purchased, separately, from the [wellnesspaul](http://wellnesspaul.com) website.

# TECHNICAL REQUIREMENTS

*(For Premium and Intermediate devices)*

## **To run the Software you will need:**

A desktop PC or laptop, running Microsoft Windows 10 or above.

3 unused USB ports

Internet connection

Mobiles and Apple Macs are NOT suitable

# LYMECLEAR RETREAT



Private Lyme Disease Retreat, in Thailand. Includes high quality accommodation, 24/7 support and attention, in-house therapies, herbal supplements and trips to the beach!

## Therapies

Juice or Water Fasting  
Cellular Cleanse  
Ayurveda  
Meditation  
Yoga for Your Dosha  
Nature Cure

Emotional Healing  
Parasite Cleanse  
Hydrotherapy  
Thai Traditional Massage  
Oxygen Therapy  
Urotherapy  
Red Light Therapy

Bioresonance  
Herbal Steam Sauna  
Food Sensitivity Testing  
EFT + NLP  
Shirodhara  
Workshops & Education

\*Therapies selected according to need.

# LYMECLEAR RETREAT

21-28 Days\*

**Price on Request**

\*Duration subject to interview.

Retreats run 3x per year. Maximum 3 guests per Retreat.

For enquiries email [lymeclear@pm.me](mailto:lymeclear@pm.me)



## THE NEXT STEP

Connect with me to set up a Zoom (or similar) call.

Since I am not always able to take telephone or mobile calls, please email [lymeclear@pm.me](mailto:lymeclear@pm.me) or message me on Facebook Messenger >>> [here](#) <<< and I will respond within 24 hours.

# DISCLAIMER

I am not a Doctor and do not prescribe 'medicines' nor treat 'patients'. There is no 'Doctor-Patient' relationship. I do not 'cure' anyone. I provide information and support and an environment in which your body may heal itself.

Any action you take related to health and wellness, based on the information presented by me, within this document, on the WellnessPaul website, either written or verbally, is your sole responsibility and you act of your own volition and in consultation with your Doctor or fully-licensed Medical practitioner.

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