

# THE LYMECLEAR™ PROTOCOL

An Innovative Approach to Lyme Disease

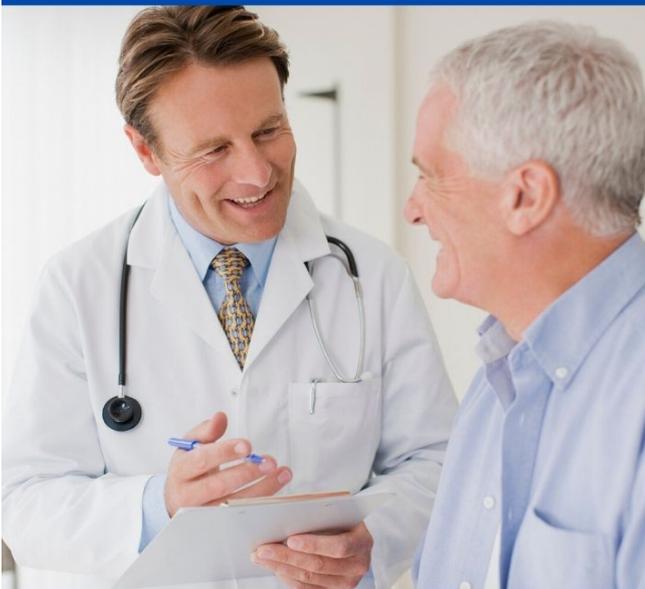


# The LYMECLEAR™ Protocol

Your Path To Recovering From Lyme Disease

# LYMECLEAR HOME™

Heal at Home With  
Expert Online Support



# LYMECLEAR CLINIC™

Visit Your Local  
LYMECLEAR-Certified  
Practitioner

# LYMECLEAR RETREAT™

Concentrated, Stress-  
Free Healing, In a  
Tropical Setting



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Figure 1: \*Due to the covid crisis, LYMECLEAR CLINIC and RETREAT may not be available

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**“I believe the single most undiagnosed health challenge in the history of the human race is parasites. I realize that is a pretty brave statement, but it is based on my 20 years of experience with more than 20,000 patients.”**

**- Dr Ross Anderson**

If you suffer from, or work with, chronic Lyme Disease, you will know many in the Lyme Disease Community, despite tremendous effort and cost, are unable to recover their health. Some, tragically, end up taking their own lives.

Lyme Disease is a complex disorder, with multiple persistent infections and progressively worsening chronic disorders. Because it is a systemic disease, affecting the whole person, there is no single solution to clearing it. Resolution can be difficult and expert help, is lacking.

Research indicates there is widespread misunderstanding amongst Lyme Disease sufferers as to WHY we get sick and WHAT is required to get well. It is not that the myriad of therapies and supplements do not work, it is more they are not being applied in the optimal way. At best, achieving only temporary relief of symptoms.

A recent interview, with 51 long-term chronic Lyme Disease sufferers, showed almost all were making fundamental errors, guaranteeing failure. This is such a problem, with chronic disease in general I decided to release a book about it.

You can find the 60-minute audiobook\* version here... [https://is.gd/watf\\_book](https://is.gd/watf_book)

It's free.

*\*Why Alternative Therapies Fail by Paul Keenan.*

Putting Lyme Disease into permanent remission (a complete cure is believed to be impossible), requires more than trying to clear invaders. It requires a properly structured, (w)holistic program, with technical and emotional support.

- Without **structure**, sufferers approach recovery in a piecemeal manner and will fail
- Without **support and guidance**, we lack the knowledge, focus and discipline to stick to a healing program
- Without addressing the **whole** person, it is almost impossible to heal. Chronic Lyme Disease is a **systemic** problem.

The 2-Part **LYMECLEAR™ HOME** program addresses these requirements. It is structured, step-by-step, comprehensive, holistic, easy to understand and follow and affordable.

**LYMECLEAR™** is designed to work quickly. Since, the longer it takes to recover the greater the overall cost, suffering and 'drop-out' rate.

The program is not dependent on a multitude of different Doctors, therapies, tests and re-tests. Only you and your LYMECLEAR™-certified practitioner.

Online support is included. Additional support time can be purchased, per hour.



# Cost of Treatment

In many Lyme Disease cases, cost of treatment is borne by the patient. With treatment often continuing for years, personal finances can be decimated. Many lose everything, even their homes. This is a major issue in the United States, where costs can be extremely high.

The way we approach recovery also has a significant effect on finances. In order to cut costs, many try to put together their own healing programs. Unfortunately, these are almost always inadequate for the task. Resulting in **spending many times more, trying to save money**.

It's not just the direct costs. When you include indirect costs of being unable to work... lost promotion, reduced pension and other benefits... staying sick can cost 10's, if not hundreds of thousands of dollars. Considered, in this light, spending under \$2000 on a properly-structured program (excluding Retreats)... which can fix you, at the START of your healing journey, becomes a wise investment.

**LYMECLEAR™** pricing compares well with other programs. Significant savings come from recovering more quickly than you would, doing it yourself. There is no effort on our part to keep you a paying (therefore, profitable) customer, longer than necessary.

Obviously, if you haven't the funds, it's more of a challenge.

# LYMECLEAR™ HOME

## Core Modules

There are 2 Parts, in LYMECLEAR™, split into 10 Modules. Each module has step-by-step instructions. **Part I** focuses on **Detox and Elimination**. **Part II** on **Repair and Regeneration**. Complex cases may require additional time, steps or adjustments

### PART I



ASSESSMENT



INTESTINAL  
SANITATION



DETOX &  
ELIMINATION



PARASITE  
CLEANSE



PATHOGENS



Holistic healing Program www.wellnesspaul.com

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### PART II



GUT REPAIR



NUTRITION



IMMUNE REPAIR



BLOCKAGES



HEALING &  
REGENERATION

# Issues

Many factors, internal and external, are involved in the disease process.



Figure 2: LYMECLEAR™ Program - Example Issues

# Program Highlights

Comprehensive, modular, Step-by-Step Protocol

One-on-one, 'Live' online, audio, video or email support

Restores 90% functionality in 75% of Lyme Disease sufferers within 14 days

Easy to understand and follow. Avoids complexity and technical jargon

Addresses internal conditions, within the body, making invaders feel at home

Choice of supplements to suit differing budgets or preferences

Works with popular regimes.. Buhner, Cowden, etc.. Increases their effectiveness

Bio-Energetic Testing and Therapy, Food Sensitivity Testing, Progress Monitoring

Modules and steps can be omitted, or adjusted, based on individual response

Fair pricing. Faster results reduce or eliminate long-term costs

"The terrain is everything, the germ is nothing" - Louis Pasteur

# LYMECLEAR™

## Prep Phase

(Optional but recommended)

**1-2 months**      Detox, mineralization and desensitization

## Part I

**Days 1-3**      Detoxification and intestinal cleansing  
**Days 4-5**      Parasites, bacterial and fungal infections  
**Days 6-7**      Mycoplasmas and remaining infections

## Part II

- 1      Inflammation
- 2      Gut repair
- 3      Enzyme Production
- 4      Gut Flora
- 5      Mitochondria/Energy System
- 6      Nutritional Deficiencies
- 7      Digestion
- 8      'Lyme Brain'
- 9      Complex conditions

## Why Such a Program?

**"When we broaden the definition of Lyme disease to include other chronic persistent infections like Bartonella and Mycoplasma, probably 80 to 90 percent of the U.S. population is suffering symptoms caused by chronic persistent infections"**

**- Dr Dietrich Klinghardt**

We all want to take a pill and get better. It's what we have been conditioned, from birth, to expect. Unfortunately, taking a pill may help clear new (acute) infection but it doesn't heal long-term, chronic disease. Medication manages, or temporarily relieves, symptoms. But it often comes with unpleasant side effects and doesn't address the underlying cause of our disease.

What makes us healthy?

In simple terms we are made up of a bunch of cells and two fluids. The liver is a bunch of cells and two fluids. The kidneys are a bunch of cells and two fluids. Eyes, skin, brain.. a bunch of cells and two fluids. 25% is blood. 75% is Lymph. Blood transports nutrients to our cells. Lymph takes away metabolic and other 'trash'.

Nutrition in. Waste out. It's that simple.

In a **healthy** body, circular, red blood cells, swim in oxygenated, nutrient-rich, free-flowing fluid, with a balanced PH (acid/alkaline balance), free of toxins and disease-causing microbes. Cells communicate with each other, 'energetically'. Our gut acid and immune system destroy invaders before they become established. Healthy cell DNA replicates healthy new cells. There is no sickness.



In an **unhealthy** body, our immune system becomes depressed. With infection, the gut, inflamed and 'leaky'. Stomach acid production is reduced. Our energy system crashes. The Lymphatic system, the body's 'waste disposal system', backs-up with metabolic and other wastes. Bodily tissues become more acidic.

Like goldfish swimming in dirty water, stressed, misshapen, red blood cells, swim in a toxic, oxygen-starved 'soup'. Our cellular 'vibration' or electro-magnetic frequency, weakens. Cell DNA

lacks the nutrients to replicate healthy cells. A **'PARASITES WELCOME'** sign hangs around our necks. We become sick.

Once weakened, parasites, worms, fungi and pathogenic bacteria, overwhelm and evade our defenses. Establishing colonies in the gut and elsewhere, where they feed on wastes and our nutrients, create bio-films (a kind of slime they hide behind), alter our gut bacteria to their liking, trigger inflammation and produce their own waste, which adds to our overall body burden. Fungal and bacterial overgrowth damages cells, organs and tissues. Chronic, degenerative disorders develop.

Looking at health this way, why would we think a single antibiotic, herbal supplement or therapy would fix it? Yet, this is how most of us proceed.

Using antibiotics is like attacking the gut with a nuclear warhead. It decimates healthy cells and good bacteria, which are keeping invaders under control. Antibiotics are often unsuccessful, as they cannot penetrate bio-film or inside infected cells.

*"If drugs make a healthy person sick. How can they make a sick person well?" - Hoffer*

### WHEN THE WATER FILLS WITH TOXINS SYMPTOMS START TO APPEAR



### THE AIM IS NOT TO MEDICATE THE FISH BUT CLEAN THE WATER

Killing invaders is only ONE of several recovery steps, needed. Fundamental to reversing chronic disease, is to understand the need to not just clear invaders but **correct the internal conditions**, within the body, causing you to get sick. Efforts to clear invaders, without the immune system helping out, are likely to fail. Anti-parasitics are around 20% of success. 80% is the Immune System.

Also crucial, is detoxification. We don't inject, or medicate, goldfish swimming in dirty water. We clean the water. Likewise, we clean the body.

*"You can't heal a dirty body" - Charlotte Gerson*

# Grasshopper Medicine

Are you a 'Grasshopper'?

Most of us approach chronic disease like grasshoppers. In our search for solutions, we hop from leaf to leaf, supplement to supplement, therapy to therapy and practitioner to practitioner.

Herbal remedies, Probiotics, Ozone, Vit C infusions, colonics and enemas, hyperbaric oxygen, saunas, gadgets and gizmos, homeopathy, psychotherapy, Rife machines and more.

Hop, hop, hop, hop.

Ask for advice in health groups or online forums and you are overwhelmed with suggestions. The solution you need may be among them but there are so many, you are just as lost and confused, as when faced with 10 million results, from a 'Dr Google' search.

When everything seems to **CAUSE** everything and everything **FIXES** everything, how on earth can we decide?

We can't.

Hopeful, we try suggestions. When they don't work quickly enough, we are easily seduced by the next shiny solution, dangled before us... and the next... and the next.

Hop, hop, hop, hop.

After years of this, we give up. Demoralized, broke and still sick.

There are two reasons we practice 'Grasshopper Medicine'.

1. We don't really know what we are doing
2. The high cost of multiple different therapies

## Program vs Protocol - Definition

'Program' as an umbrella term, which includes education, guidance, support and protocols. 'Protocol' applies to specific steps, or stages, you follow. You may have a protocol for detox, a different protocol for inflammation, gut repair and so on.

# Effectiveness of Lyme Disease Solutions

How effective are popular Lyme Disease protocols and therapies? This **Patient Poll**, from [whatislyme.com](http://whatislyme.com), offers some insights.

## LYME PATIENT POLL

What Lyme Disease Protocol has Helped you the Most?



credit [whatislyme.com](http://whatislyme.com)

Votes **346**

# 10 Reasons

## Lyme Disease Solutions Fail

- 1 Too few Lyme-Literate Doctors/Practitioners
- 2 Lack of a Properly Structured Healing Program
- 3 Ineffective or Inadequate Solutions
- 4 Unreliable Testing
- 5 Individual Responses To Treatment
- 6 Failing to Address Underlying Cause
- 7 Toxicity
- 8 Failing to Follow or Stick To A Program
- 9 Lack of Support
- 10 Lack of Funds



\*Above examples drawn from '**Why Alternative Therapies Fail**' by Paul Keenan

# 10 Reasons

## LYMECLEAR™ Succeeds

- 1 Structured
- 2 Comprehensive
- 3 Addresses Underlying Cause
- 4 Holistic/Natural methods
- 5 Fundamental Steps
- 6 Effective Anti-Microbials
- 7 Identifies And Clears Barriers To Healing
- 8 Bio-Energetic Testing
- 9 Affordability
- 10 Technical and Emotional Support



## How Effective is LYMECLEAR™?

LYMECLEAR™ is not just a detox and parasite cleanse. It is a comprehensive chronic disease program. You could name it GOUTCLEAR, ARTHRITISCLEAR, FIBROCLEAR, MSCLEAR, IBSCLEAR, CHRONSCLEAR or whichever chronic disorder(s) you are suffering from. 'Lyme Disease' is a label encompassing many symptoms.

Most chronic conditions stem from the same cause... a weakened gut and immune system. You may have heard the saying... *"All disease begins in the gut"*. By healing the gut and immune system, LYMECLEAR™ helps you resolve the many conditions, springing from it.

While the program may appear involved, steps are simple and easy to understand. Underpinning it all is addressing toxicity and deficiency.

### Is LYMECLEAR™ Effective?

If the yardstick is to put Lyme Disease into complete remission and enable a return to normal life, then yes, it is effective.

Joe's testimonial shows what can be achieved... <https://www.youtube.com/watch?v=ppl9M1xwt9A>



**Part I** of the program covers fasting (where possible), intestinal cleansing, parasite and pathogen clearance. 7 days is often sufficient but this may be extended to 14, in some cases.

**Part II** is the repair and regeneration phase. This can take anywhere from a few days, to several months, depending on the individual. Factors affecting how quickly you heal, include age, sex, length of time infected, complex conditions, how well you stick to the program and tissue damage.



Results are not solely based on clients' subjective feeling. Bio-Energetic testing allows us to track progress and confirm the success of each stage. e.g. You test positive for a parasite or pathogen, apply the corrective steps, then re-test to confirm infection has cleared. Likewise for major organ systems, mineral levels, inflammation, etc..

75-80% respond well. 15% need more time. 5% do not respond, for various reasons.

Energetic Testing identifies around 140 different worms, parasites, viruses and fungi. Indirect indicators confirm findings.

### **Barriers to Healing**

Parasites, pathogenic biofilms, low vitality, systemic toxicity, genetics, nutrient deficiencies, food sensitivities, inflammation, chronic disorders, 'toxic stress', EMFs, emotional trauma, dental problems, restrictions to blood, lymph and nerve flow, can all be barriers to healing. Electromagnetic radiation is a significant problem. EMFs and Ionizing radiation suppress immune function and create inflammation.

If you are not responding to the protocol, it's usually due to one of these factors. Various methods are employed to identify and resolve them.

**NOTE:** Over-zealous clearing of biofilms can be dangerous. Beneficial bacteria also create biofilms, which are healthy and necessary.

### **'Die-off' or Herxheimer Reaction**

During the 'Kill' phase, dying parasites, fungi and bacteria, release chemicals, such as ammonia, which can make us feel unwell. Some individuals are hyper-sensitive to 'die-off' and immune responses. **LYMECLEAR™** includes steps to reduce, or eliminate, such responses.

## (Gastrointestinal Function) Analysis Report Card

Name:    
Figure: 186cm, 102kg

Sex: Male

Age: 57

Testing Time: 12/02/2020 11:31

### Column

#### Actual Testing Results

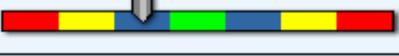
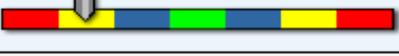
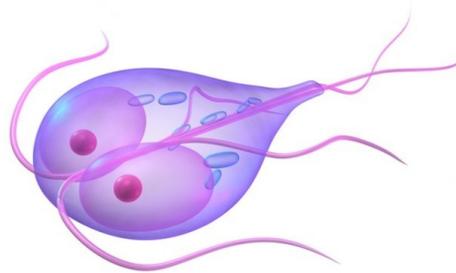
Testing Item	Normal Range	Actual Measurement Value	Testing Result
Pepsin Secretion Coefficient	59.847 - 65.234	57.877	
Gastric Peristalsis Function Coefficient	58.425 - 61.213	59.403	
Gastric Absorption Function Coefficient	34.367 - 35.642	32.809	
Small Intestine Peristalsis Function Coefficient	133.437 - 140.476	128.727	
Small Intestine Absorption Function Coefficient	3.572 - 6.483	2.791	

Figure 3: Example results of Gastro-Intestinal scan

# Giardia

Few have heard of *Giardia Lamblia*, *Lamblia Intestinalis* or *Giardia Duodenalis*. Yet, 'Giardia' is the number 1 Protozoan parasite, worldwide and is spreading.



Once established in the body, Giardia is a major cause of chronic, degenerative disorders. Due to its profound effect on gut and immune health. Because standard tests easily miss it, practitioners fail to consider it and look elsewhere, for cause. There is also considerable lack of awareness, amongst Doctors, as to its prevalence.

Chronic Giardia infects a surprising number of Lyme sufferers and may be the primary cause of their symptoms. If chronic, Giardia can prevent full recovery.

The **LYMECLEAR™** Program is virtually identical to, and sprang from, the **GIARDIACLEAR™** program, developed while clearing chronic Giardia, in Thailand.

## Fasting

While it is possible to clear infections while eating, Fasting **DOUBLES** the success rate. Or, put another way... if you eat, you **HALVE** your chances of success.

Fasting (not starving) has been used for thousands of years to bring about healing. Animals, when sick, instinctively stop eating and seek out clay, herbs or green leaves (chlorophyll). By not eating, the body's vitality, previously taken up with preparing, consuming, digesting and eliminating food, is now available for cleansing, healing and regeneration. All of which occur at accelerated pace.

The combination of fasting and cleansing/detoxification is exceptional in reversing chronic disease, generating new stem cells and accelerating all aspects of healing. Parasites are denied a food source.

Since supplements are also foods, these are also excluded.

Fasting is most effective when the body is properly hydrated. Imagine a dirty sponge left overnight in a bucket of water. In the morning, the sponge is clean and the dirt sitting at the bottom of the bucket. Pure water is a solvent. It hydrates and lifts waste out of the tissues, then helps move it toward the channels of elimination (kidneys, colon, lungs, skin). If you don't drink sufficient water, 'dirt' cannot 'lift' off.



Water, fruit and vegetable juices, hydrate, alkalyze, 'scrub' and cleanse. Specific techniques help mobilization, detoxification and elimination of waste matter. Ayurveda calls this 'Ama'.

If you have never fasted before, you may think it difficult. Yet, in practice, it is far easier to eat nothing at all than, say, a raw vegan or low carb diet, where you can feel hungry all the time.

After 36-48 hours your digestion 'switches off'. You can then go 10, 20, 30 days and more, without hunger. The body gets to work, 'cleaning house'. Scavenging and consuming dead, damaged or

dying cells. This is called 'Autophagy'.

### Eating

If you cannot Fast, then eating healing diets is permitted. The most appropriate diet can be determined, through Food Sensitivity Testing.

Recovery will take longer if inflammation is present. An inflamed intestinal lining and unbalanced gut bacteria, can cause food sensitivities and allergies. Many foods become ‘triggers’, irritating an already-inflamed intestinal lining, keeping your ‘inflammatory fires’ burning.

Testing helps identify trigger foods, so they can be excluded. Inflammation can then be more easily addressed. Once the gut is healed, excluded foods are re-introduced.

## Bio-Energetic Testing

*“If you want to find the secrets of the universe, think in terms of energy, frequency and vibration.”*  
- Nikola Tesla

Luc Montagnier, who discovered HIV, spent years looking at how microbes communicate with each other and our immune system. He found they do so through emissions of electromagnetic light waves, microwaves and low frequencies. Chemical signals are secondary.

This becomes of major importance when we consider “dirty electricity”... EMFs, Smart meters, WiFi towers, mobile phones, routers, microwaves, etc..

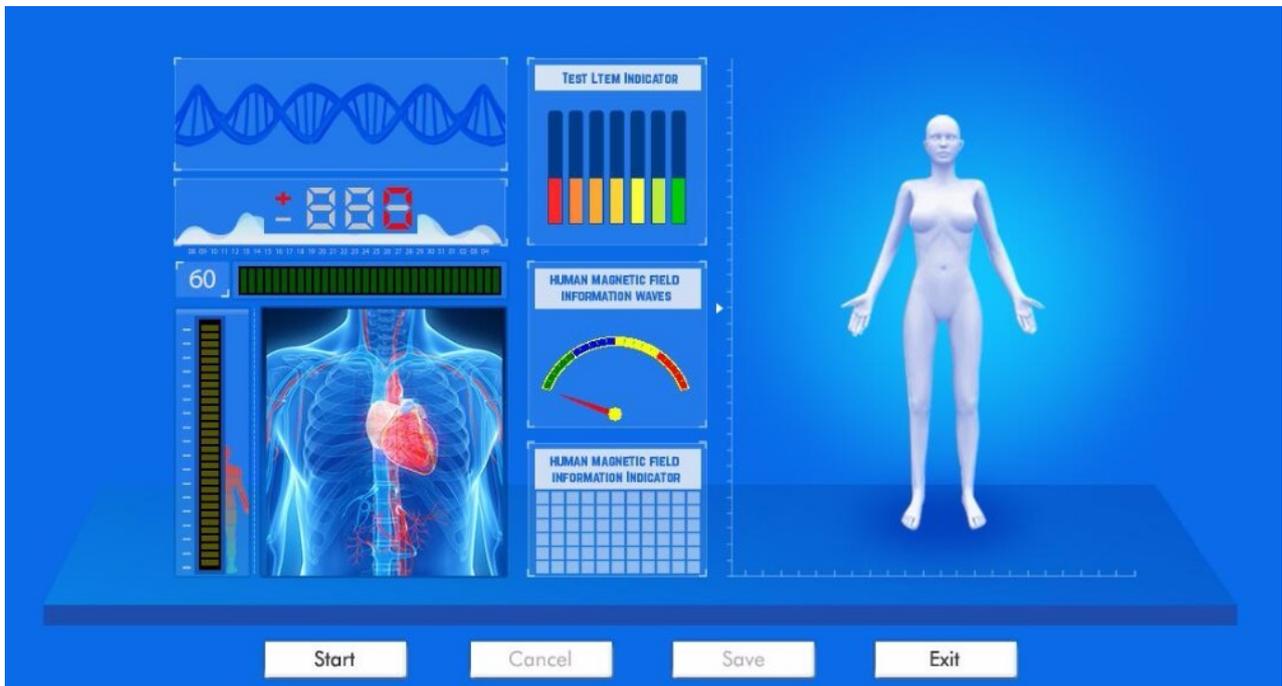


Figure 4: Quantum Analyzer Screenshot

In cultures and religions throughout the world we are considered ‘Beings of Light’. Our cells communicate with each other using light and frequency. A whole branch of Energy Medicine has developed around this concept. Auras, Chakras, Acupuncture, the Laying On of Hands, Crystals, Stones, Reiki, Homeopathy, Flower Remedies and more. Such techniques attempt to manipulate

energy or the flow of energy through the body. Energy Medicine is based on the concept everything in nature has its own unique, resonant frequency. A bit like the old wireless Radio Stations could tune into different radio bands or frequencies.

Over the last 100 years, Doctors, scientists and researchers have identified and cataloged thousands of such frequencies... Plants, minerals, vitamins, parasites, organs, healthy and unhealthy states, hormones, emotions, even supplements and pharmaceuticals... and put them into computerized databases. Scans compare the frequencies in the body to those in the databases, identifying imbalances. Weakened frequencies can then be 'energetically' corrected, using bio-energetic therapy, restoring healthy, cell-to-cell communication.



### Why Do We Need it?

How do we know if a supplement or herb is working? If a parasite or pathogen has been cleared? What foods and substances you are sensitive to? If inflammation has resolved and the gut healed? If Iron, Zinc and B12 levels are back to normal? If gut bacteria are balanced and enzyme production restored? If it is okay to move on to the next stage of the protocol?

Scans can answer these questions, eliminating the need for unreliable and expensive, conventional tests and putting an end to guesswork.

Tens of thousands of 'bio-energetic' devices can be found in clinics, spas, gyms and hospitals, around the world. From \$30,000 units to as little as \$60 ('Buyer Beware'). With **LYMECLEAR HOME™** (optional) devices are shipped to you. Since we source direct from the manufacturer, these are acquired at significant discount to the high street price.

### What Testing Indicates

#### NLS Device

- Imbalances, disorders and infections, their location and Stage
- 140 different bacteria, fungi, viruses and parasites
- Food Sensitivities
- Nutrient Deficiencies

- Which foods, herbs and supplements restore balance

**Quantum** - Generates up to 39 reports, including:

- 7 Major Systems, Mineral, Vitamin, Amino acid, Fats and Collagen status
- Blood sugar, prostate health, hormones, EMF, chemical and metal toxicity and more

### Conventional Testing

Trying to obtain the same information bio-energetic scans provide, would cost thousands of dollars, from multiple different providers, plus the cost of Doctor visits, travel, etc.. Even if you could find such tests. Full panel Lyme testing costs hundreds of dollars, is limited in what it finds and false readings can lead to unnecessary or inappropriate treatment.

### “Rich Man’s Disease”

Lyme Disease is called the “Rich Man’s Disease”. With practitioner costs, supplements, therapies, testing, re-testing and travel costs, you can be paying thousands of dollars per month for treatment and supplements.

Many switch to **LYMECLEAR™** to not only reduce existing costs but, by recovering faster, significant future costs. If you include frequency devices, there’s additional savings to be had on testing. No-one should be forced to sell their homes in order to get well.



### Recovery of Costs

Energy devices can be sold on, after the program, recouping some, or all, of your outlay. Although, most clients like to keep them as part of their ‘home health kit’.

## Support Group

Those undertaking the program are automatically added to a private Messenger Group. Here you can share tips and experiences and encourage each other, in a positive, supportive environment.

## Supplements

While I have my own recommended list of supplements, **LYMECLEAR™** allows for other herbal regimes, such as Klinghardt, Buhner, Cowden, etc..

## Why 240 Minutes Support?

Most Lyme Disease programs involve months, possibly years, working with practitioners, testing and re-testing, travel costs, time off work (if you are able ) and clinic attendance.

LYMECLEAR™ HOME is an online program with remote support. There is no requirement to travel or meet with a practitioner, physically. 4 hours (240 minutes) is the minimum required, for:

- Initial assessment and information-gathering
- Program design and delivery
- Device setup, scans and interpretation
- Technical and emotional support
- Progress monitoring

Time is based on everything running smoothly. Additional support may be purchased by the hour.

# LYMECLEAR™ HOME

## OPTIONS & PRICES

### PREMIUM

Program + 4 hours 'Live' Support  
+ Quantum Sensing + Bioplasm  
(excludes supplements)

**US\$1925**

### INTERMEDIATE

Program + 4 hours 'Live' Support  
+ Quantum Sensing  
(excludes supplements)

**US\$1425**

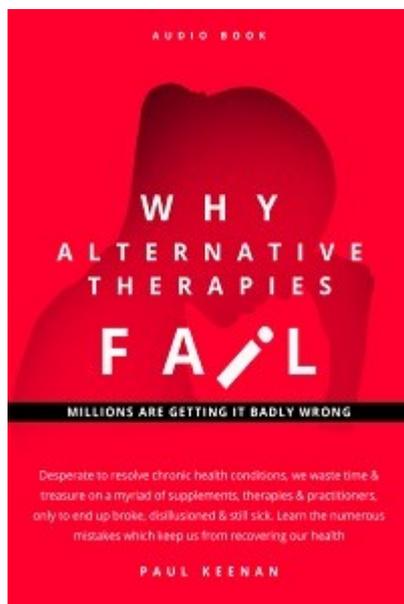
### BASIC

Program + 4 hours 'Live' Support  
(excludes supplements)

**US\$1195**

All those joining the program receive:

- Audio and ebook 'Why Alternative Therapies Fail'
- Companion ebook, 'Make Alternative Therapies Work'



# TECHNICAL REQUIREMENTS

## To run the Software you will need:

A desktop PC or laptop, running **Microsoft Windows 10**  
3 empty USB ports  
Internet connection

Mobile phones and Apple Macs are NOT suitable

# LYMECLEAR RETREAT™

(in Thailand)

**(Presently unavailable due to the COVID crisis.**

**If you wish to be informed when Retreats re-start, available, please email  
[info@wellnesspaul.com](mailto:info@wellnesspaul.com))**

When it comes to recovering health, there is no beating a customized, healing program, at a private [Residential Retreat](#), working 'one-on-one' with an experienced LYMECLEAR™ practitioner. You receive 24x7 support and attention, in a warm climate and beautiful setting, with all the tools, skills and experience you need, on hand.



## Therapies Available at the Retreat

Juice Fasting  
Cellular Cleanse  
Ayurveda  
Meditation  
Yoga for Your Dosha  
Nature Cure

Emotional Healing  
Pranayama  
Hydrotherapy  
Thai Traditional Massage  
Oxygen Therapy  
Fever Therapy (Pyrotherapy)

Energetic Meta-Therapy  
NIR Sauna  
Food Sensitivity Testing  
EFT + NLP  
Shirodhara  
Workshops & Education

Other therapies available, as needed

# LYMECLEAR RETREAT™

Program is 21-28 Days\*  
(some supplements included)

**Price on Request**

\*Maximum 3 attendees. Retreats run 3x per year.  
To register an interest, please email [info@wellnesspaul.com](mailto:info@wellnesspaul.com)



## THE NEXT STEP

To proceed or for further questions, contact me on Messenger [here](#) or email [info@wellnesspaul.com](mailto:info@wellnesspaul.com)

# DISCLAIMER

I am not a Doctor and do not prescribe 'medicines' nor do I treat 'patients'. There is no 'Doctor-Patient' relationship. I do not 'cure' anyone. I provide information and support, in an environment in which you improve yourself.

Any action you take related to health and wellness, based on the information presented by me, within this document, on the WellnessPaul website, either written or verbally, is your sole responsibility and you act of your own volition and in consultation with your Doctor or fully-licensed Medical practitioner.

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