

SOLVING THE CHRONIC LYME PUZZLE

THE LYMECLEAR PROTOCOL



INTRODUCTION



PAUL KEENAN



The LYMECLEAR Protocol

Achieve Complete Remission

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Reasons We Get Sick

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"I believe the single most undiagnosed health challenge in the history of the human race is parasites. I realize that is a pretty brave statement, but it is based on my 20 years of experience with more than 20,000 patients."

- Dr Ross Anderson



Lyme Disease, once chronic, is one of the most difficult challenges in health. Despite tremendous effort and cost, many sufferers are unable to achieve more than temporary relief of symptoms.

Affordable, expert help is hard to find. Did you know an ILADS Doctor can register as an LLMD, **without being required to know anything about Lyme Disease.**

Lyme Disease is complex, with multiple persistent infections and progressively worsening symptoms. Because it is systemic (affecting the whole person), it needs a whole person (holistic) healing approach. It's important to understand this. We all want a quick fix and but just attacking invaders with antibiotics doesn't work and makes it harder to heal.

In chronic illness the majority of sufferers do not understand WHY we get sick, WHY we can't recover and WHAT is required to get well. Thus, they are **guaranteed to fail**. Many obsess over narrow issues, such as SIBO or MTHFR, when they haven't even addressed the fundamentals. Did you know, by addressing the fundamentals, SIBO and MTHFR often automatically resolve.

Most of us are hopping... like grasshoppers, (I call this "Grasshopper Medicine")... from supplement to supplement, therapy to therapy and practitioner to practitioner, never seeing long-term benefit. This is good for practitioners but is not good for you. Repeated failure typically sees us going back to antibiotics in an attempt to relieve worsening symptoms.

"I have not failed. I've just found 10,000 ways that won't work."

- Thomas Edison



Healing Blocks - A Vital Key

A major reason chronic 'Lyme Warriors' struggle to recover is blockages. Just as a car cannot complete its journey if the road ahead is blocked, we cannot complete our healing journey if the road to recovery is blocked. There are a shocking number of 'Healing Blocks' which can keep us sick... practical, physical, psychological, emotional and spiritual. In **What's Keeping You Sick? Lyme Disease Edition...** I highlight 150 of the most common.

If you are struggling, look to where you may be blocked. No amount of supplements can help you until you identify and clear your personal blocks.

My **Healing Blocks Checklist** will help you quickly identify YOUR personal blocks. You can find it on the wellnesspaul website. <https://www.wellnesspaul.com/lymeclear-lyme-disease-protocol.html>

LYME DISEASE EDITION

— *What's* —
KEEPING
You **SICK ?**

MILLIONS, SUFFERING WITH LYME DISEASE,
ARE UNAWARE DOZENS OF HEALING MISTAKES
ARE GUARANTEEING THEY STAY SICK..



DISCOVER WHAT YOU **MUST AVOID TO BE WELL**

PAUL KEENAN

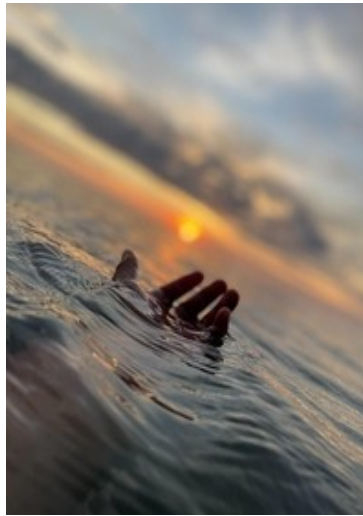
Remission



Putting Lyme Disease into remission takes a properly-structured, comprehensive protocol. It needs to be easy to understand, holistic, individualized and include support (it's tough doing this alone).

- **Complexity** keeps us confused and feeling helpless.
- **Structure.** Without it we proceed in a piecemeal manner.
- **Individualization.** We don't share the same DNA, bacteria, behaviors, emotions, beliefs, symptoms or responses to therapies. This is why 'one-size-fits-all' solutions fail and why what worked for someone else doesn't work for you.
- **Support.** Without it we lack knowledge, discipline and the motivation to stay the course.
- Without addressing the **whole** person, solutions are inadequate.

Costs



The average annual cost of Lyme treatment in the U.S. is over US\$50,000 per year. Beyond most personal finances. Many suffering with Chronic Lyme Disease lose everything, even their homes. Some, tragically, take their own lives.

To address this **LYMECLEAR** starts at only \$1,495. This is one-time.

It's not only the direct costs of medicines which needs to be considered. Doctor visits, practitioners, supplements and therapies. There's the **indirect** costs. Being unable to work... loss of income, promotion, reduced pension, health coverage and lost opportunity.

Indirect costs can be considerably higher, costing tens, if not hundreds of thousands of dollars.

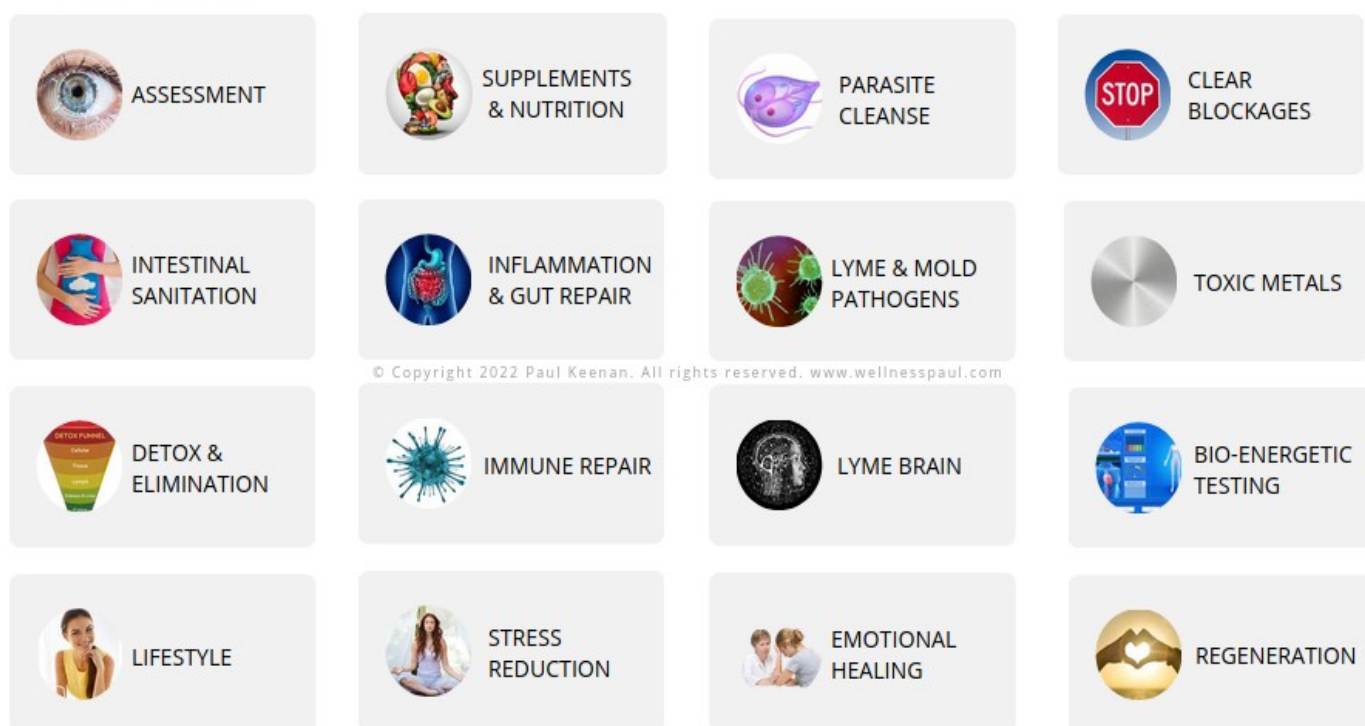
How you approach recovery can significantly affect finances.

- Opting for expensive treatments and supplements, when cheaper, more effective, options are available.
- DIY attempts to save money, end up costing more due to repeated failure.
- 'Done-for-you' protocols, like LYMECLEAR, or a Lyme Disease Retreat... can put you into remission or get you well on your way to recovery... saving significant, long-term costs.

“You cannot build a house to last 100 years without detailed drawings, the right skills and quality materials. Recovering from chronic Lyme Disease is the same.”

LYMECLEAR Modules

LYMECLEAR is a comprehensive series of modules, each containing step-by-step instructions. Modules can be combined, omitted or switched around, depending on individual need and response.



Additional modules may include EMFs, MTHFR, SIBO and more. - Paul Keenan

Lyme Disease is NOT one symptom = one drug. The standard medical approach does NOT work with chronic disease. Natural healing does. It is not **managing symptoms** but permanent healing. The two approaches couldn't be more different.

Healing Factors

Many factors can affect health and recovery.



DETOX & ELIMINATION

Pesticides, Chemicals, Heavy Metals, Metabolic & Acid Wastes, Lymphatic Drainage, Endo- & Neuro-Toxins



PARASITE CLEANSE

Parasites, Pathogens, Fungal Overgrowth, 'Bad' Bacteria, Viruses, Mold



GUT REPAIR

Inflammation, Unbalanced Gut Flora, Stunted Micro-Villi, Enzyme Deficiency, Food Sensitivities



IMMUNE REPAIR

Probiotics, Stress Management, Sleep, Exercise, Nutrients



NUTRITION

Individualized Diet, Trace & Macro Minerals, Vitamins



BLOCKAGES

Biofilms, EMFs, Dental, Emotional Trauma, Negativity, Addiction, Stagnation, Restricted Blood, Lymph & Nerve Flow

LYMECLEAR Highlights

Comprehensive, modular, structured

Accelerated results

Corrects internal imbalance

Natural and holistic

Individualized and adjustable

'Live', online and email support

Easy to understand and follow

Choice of Supplements

Energetic testing, therapy, progress
monitoring

Transparent, fair pricing

"The terrain is everything, the germ is nothing" - **Louis Pasteur**

Part I

1-14 Days Detoxification and intestinal cleansing
Parasites, bacterial and fungal infections
Mycoplasma and remaining infections

Part II

- Inflammation
- Gut repair
- Enzyme Production
- Gut Flora
- Mitochondria/Energy System
- Nutritional Deficiencies
- Digestive system
- 'Lyme Brain'
- Complex conditions
- Regeneration

A **Preparation Phase** may be required for more serious cases. 1-2 months of detox, re-mineralization and de-sensitization (i.e. mold reactivity)

If mold is involved, it usually needs to be treated before Lyme. You will not make progress until hyper-reactivity has been calmed.

"When we broaden the definition of Lyme Disease to include other chronic persistent infections, like Bartonella and Mycoplasma, probably 80 to 90 percent of the U.S. population is suffering symptoms caused by chronic persistent infections"

- Dr Dietrich Klinghardt

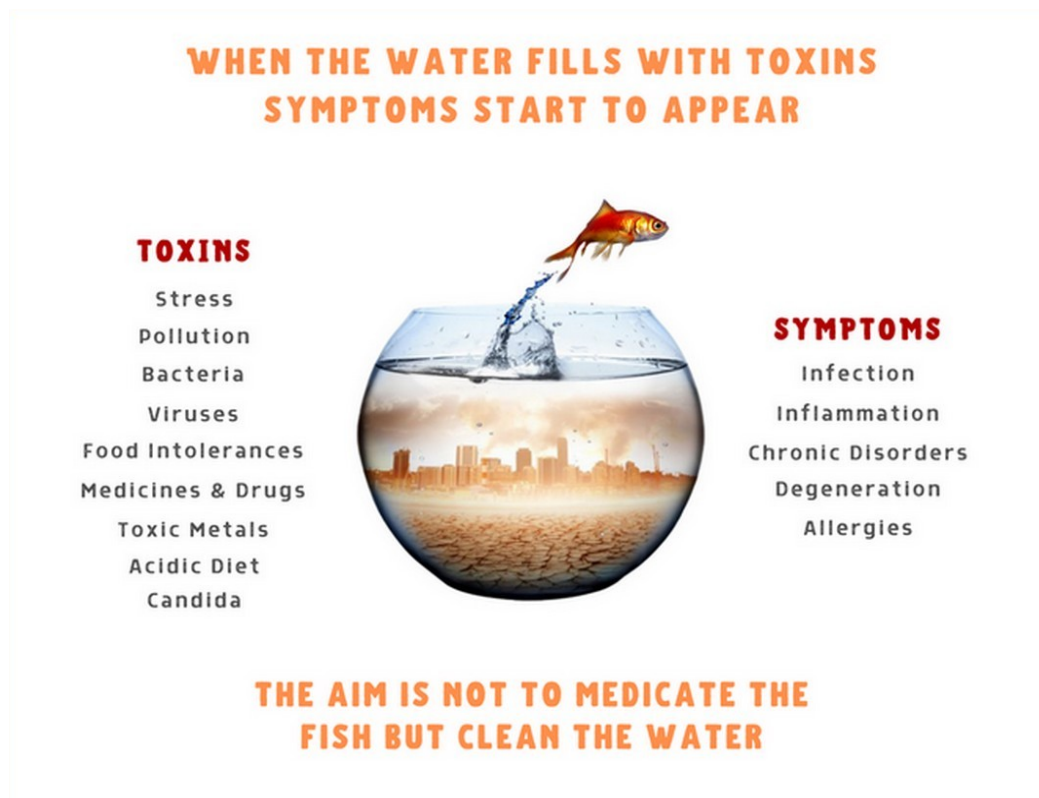
Inject The Fish?

We all want to take a pill and get better. It's what we have been conditioned, from birth, to expect. Unfortunately, this does not work with Chronic Disease.

Antibiotics may temporarily reduce parasitic and bacterial load but at a cost to our gut and immune health. Too many rounds of antibiotics weakens the immune system to the point it can longer provide protection.

A fundamental starting point, when reversing Chronic Disease, is to **identify the root cause**.

What do we do when goldfish water is dirty? Inject the goldfish with poisons? Cut out its little organs with tiny surgical tools? No. We **clean the water**. We need to do the same.



Effectiveness of Lyme Solutions

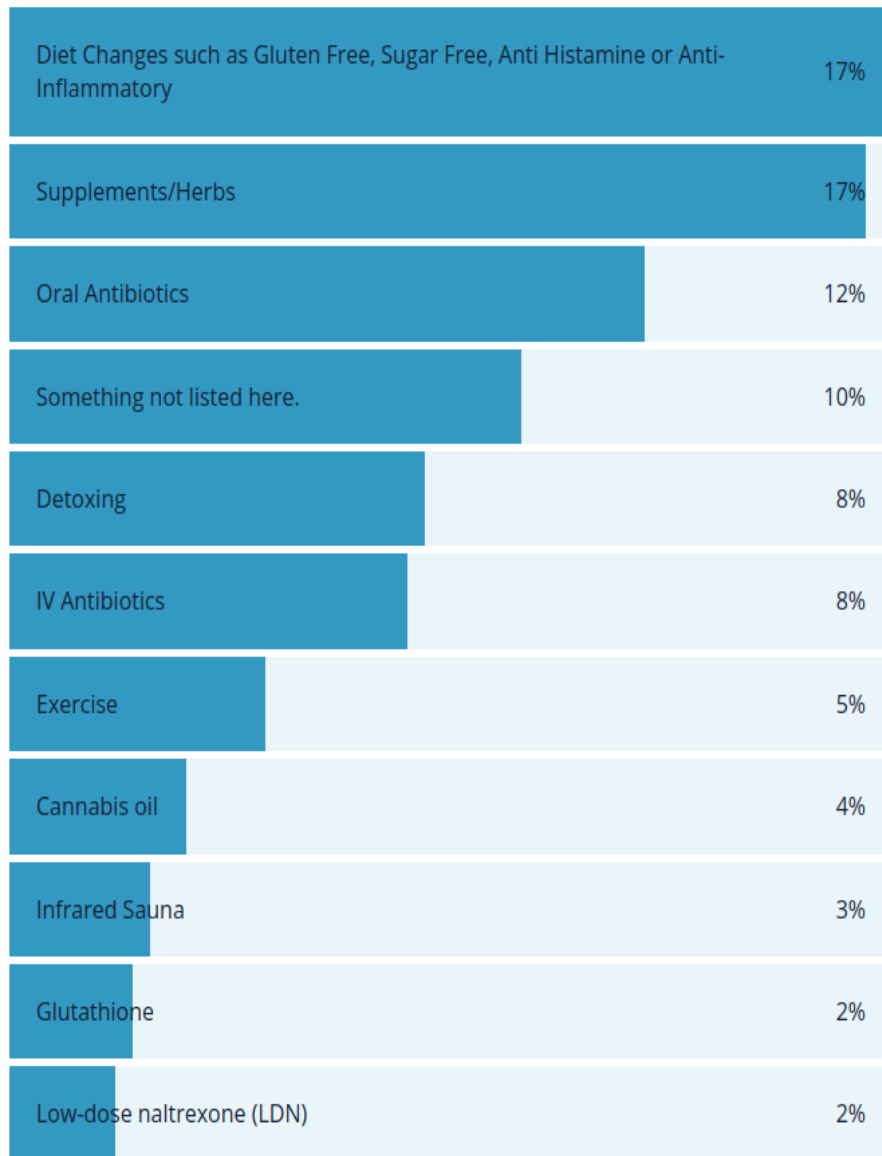


Figure 1: Credit whatislyme.com

This poll isn't large enough to draw firm conclusions. I present it to show there's more to tackling Lyme than antibiotics.

There are many more options, not listed, which are effective.

10 Ways Lyme Solutions Fail

- 1 Too few Lyme-Literate Doctors/Practitioners
- 2 Lack of a Properly Structured Protocol
- 3 Ineffective or Inadequate Solutions
- 4 Unreliable Testing
- 5 Individual Responses To Treatment
- 6 Not Addressing Underlying Cause
- 7 Toxicity (including mold)
- 8 Not Sticking To A Protocol
- 9 Lack of Support
- 10 Lack of Funds



*See the 'Healing Blocks Checklist ' (details, below)
to identify all the reasons we fail.

10 Reasons To Use LYMECLEAR

- 1 Structured
- 2 Comprehensive
- 3 Addresses underlying cause
- 4 Holistic/Natural
- 5 Applies the Fundamentals Of Healing
- 6 Natural anti-microbials
- 7 Clears healing blocks
- 8 Energetic Testing
- 9 Affordable
- 10 Support included



Be positive! If you do the right things, at the right time, your odds of recovering are high!

Does LYMECLEAR Work?

If 'work' means you can live a normal life, the answer is "Yes".

Around 70% of those completing the Lyme-clear Protocol are 90% functional, in under 14 days. 25% need adjustments to their protocol or more time. 5% do not respond, for various reasons.

How well you respond depends on your age, sex, length of time infected, co-conditions, response to supplements and therapies, and how well you follow the Protocol.

Joe's testimonial on YouTube shows what can be achieved... [Watch](#)



Lyme Disease can have many different symptoms and disease labels. LYMECLEAR is designed to resolve them all.

How?

It addresses the ROOT cause of your disease. It could be called GOUTCLEAR, ARTHRITISCLEAR, FIBROCLEAR, MSCLEAR, IBSCLEAR, DIABETESCLEAR and so on. The labels, Doctors give, are designed to make prescribing medicines easier but aren't so important in natural healing. If all these conditions are caused by a damaged gut, when you fix the gut they ALL resolve. Understand?

When you apply the fundamentals... fasting, detox, parasite cleanse, diet, stress, exercise, sleep, etc.. it may not even be necessary to tackle Lyme pathogens. They may have already become dormant or cleared.

"You can't heal one condition and keep two more. Once you heal one, they all heal."

- Charlotte Gerson

Testing

What if we had a way to identify what's wrong, what's working and to track progress, at every stage of the protocol? It would be a game-changer. Right? Bioresonance, included in the **Premium** and **Intermediate** package, can provide this.

The protocol includes two Bioresonance frequency devices (optional). A Bioplasm and Quantum. One indicates conditions, stage and location and has a Therapy option. The other indicates the status of the 7 major body systems, mineral and vitamin levels, toxins and more.

The below example (from the Quantum) is for the Intestines. Green and blue mean healthy. Yellow and red, imbalance. Specific numbers can be tracked, daily and weekly, to observe progress.

(Gastrointestinal Function) Analysis Report Card

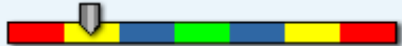

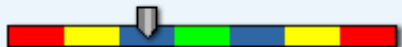


Name:
Figure: 186cm, 102kg

Sex: Male

Age: 57
Testing Time: 12/02/2020 11:31

Column

Actual Testing Results

Testing Item	Normal Range	Actual Measurement Value	Testing Result
Pepsin Secretion Coefficient	59.847 - 65.234	57.877	
Gastric Peristalsis Function Coefficient	58.425 - 61.213	59.403	
Gastric Absorption Function Coefficient	34.367 - 35.642	32.809	
Small Intestine Peristalsis Function Coefficient	133.437 - 140.476	128.727	
Small Intestine Absorption Function Coefficient	3.572 - 6.483	2.791	

Giardia



Do you have Lyme Disease or do you, in fact, have Giardia?

Few have heard of Giardia Lamblia, Lamblia Intestinalis or Giardia Duodenalis... different names for the same parasite, despite it being the No.1 Protozoan parasite, worldwide.

Chronic Giardia is a major cause of chronic, degenerative disorders, due to its profound effect on the gut and immune system. It has many Lyme-like symptoms. Hence it's easy to be misdiagnosed.

Because standard tests often miss it, practitioners look elsewhere for cause.

20% of Lyme Warriors test positive, for Giardia, using Bioresonance, which will also show you when it is clear. Bioresonance, to me, is remarkable and very much a 'game-changer'.

Fasting

Fasting (not starving) has been used for thousands of years to bring about healing. Animals, when sick, instinctively stop eating and seek out clay, herbs or green leaves (chlorophyll).

Having run Fasting Retreats, for 20 years, I have seen miraculous transformations, many within days. Don't believe what the naysayers say. Fasting is easy when you do it correctly.

If you can't clear parasites or pathogens, **Fasting can make the difference**. DOUBLING parasite clearance rates. Put another way... if you eat, you HALVE your chances of success. You aren't just feeding yourself. You are also feeding your invaders.

The combination of fasting and detoxification, is **exceptional in reversing chronic disease**, generating new stem cells and accelerating all aspects of healing.



Coconut water Fast

Can Everyone Fast?

If you are ageing; are very toxic, your normal blood pressure exceeds 140; you have issues with heart, kidneys or liver; are emaciated; unable to efficiently excrete toxins, or suffering severe symptoms, you may not be eligible to fast. Please contact me to discuss alternatives.

Individuals 'at-risk' or very chronic may need to spend up to 2 months, optimizing liver and kidneys BEFORE undertaking a detox. This makes the program easier. Time can sometimes be reduced, with Bioresonance 'Meta-Therapy' on major organs.

If eating, inflammatory 'trigger' foods must be identified and excluded. Once the gut is healed, these can be slowly re-introduced.

Supplements

Many practitioners make commissions on supplements. I am not one of them. You are free to use what you have, already (if effective) and can incorporate regimes such as Buhner, Rawls, Cowden, etc..

Support

LYMECLEAR includes 4 hours initial 'live' video and remote support. Additional hours can be purchased, as needed. The program is undertaken at home or on a Retreat. There is no requirement to physically meet with a practitioner. You connect via video, email or social media.

Online programs save tremendously on Doctor visits, travel costs, time off work, testing and re-testing.

Support includes:

- Health assessment and information-gathering
- Protocol design and delivery
- Answering questions
- Ongoing protocol adjustments, as needed (they are always needed)
- Technical and emotional support
- Progress monitoring
- Device setup, baseline scans, 'Meta-Therapy' and training (optional)

IMPORTANT

TECHNICAL REQUIREMENTS FOR BIORESONANCE

To run the Bioresonance Software you will need:

A desktop PC, or laptop, running Microsoft Windows 10 or above.

3 available USB ports

Internet connection

Mobiles and Apple Macs are NOT suitable

OPTIONS & PRICES

(As from April 2023)

BASIC

LYMECLEAR HOME
Full Protocol + 4 hours 'Live' Video Support

US\$1495

INTERMEDIATE

BASIC + Quantum

US\$1725

PREMIUM

Basic + Quantum + Bioplasm

US\$2250

All Options Include

What's Keeping You Sick? Lyme Disease SET



Audiobook, e-Book, Checklist + 'Escaping Chronic Disease' e-Book.

Value = \$61

This **FREE** online tool helps you identify your personal healing blocks.





LYME DISEASE RETREAT

21-28 Days*

US\$350-\$500 per day.

Lyme and Chronic Disease Retreat, in Thailand.

Includes customized program, therapies, private, high quality accommodation, 24/7 support and all therapies.

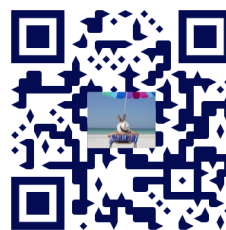
25% discount if 2 guests attend together

Retreats are only 2x per year. Maximum 3 guests

Contact me for Private Retreat or Custom Dates

**Subject to Health Assessment and interview.*

Email: info@wellnesspaul.com or visit the Lyme Disease Retreat Page



THE NEXT STEP



Once you decide which option you prefer, book a call, using my online calendar, email or message me, directly, using Messenger.

**MESSAGE
ME**



Email



Book A Call

DISCLAIMER

I am not a Doctor and do not prescribe 'medicines' nor treat 'patients'. There is no 'Doctor-Patient' relationship. I do not 'cure' anyone. I provide information and support and an environment in which your body may heal itself.

Any action you take related to health and wellness, based on the information presented by me, within this document, on the Wellness Paul website, either written or verbally, is your sole responsibility and you act of your own volition and in consultation with your Doctor or fully-licensed Medical practitioner.

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